

Natasha U. Barnes, Ed.D.

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EDUCATION

Argosy University , Atlanta, GA Ed.D. Counselor Education and Supervision	2016
William Carey University , Hattiesburg, MS M.S. Counseling Psychology	2009
William Carey College , Hattiesburg, MS B.S. Psychology; Minor in Biology/Gerontology	2005

LICENSURE

License Eligible – Licensed Professional Counselor

WORK HISTORY

Delta State University , Cleveland, MS <i>Assistant Professor</i> <ul style="list-style-type: none">Teaching master level courses in the counselor education departmentDeveloping additional documents and activities for the curriculumOperating as a member of different department and campus committeesCreating classes in the Canvas formatMeeting Key Performance Indicators for each courseAdvising students during spring, summer, and fall registrationActing as a faculty mentor for master's level studentsDeveloping departmental activities, as well as campus activities for the students, faculty, and community	2017
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Argosy University-Atlanta , Atlanta, GA <i>Adjunct Professor</i> <ul style="list-style-type: none">Teaching master level courses in the Human Services department online and the Counseling department in the blended formatCreating classes in D2L and Ecollege formatsDeveloping additional documents and activities for the curriculumDeveloping a sense of community in online format through the discussion boardFacilitating weekly conference calls to discuss course material and additional resources to assist students through the weekMeeting Key Performance Indicators for each courseMeeting on campus grounds weekly/monthly for facilitation of Counseling courses	2017
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University of Phoenix , Tempe, AZ <i>Online Instructor</i> <ul style="list-style-type: none">Teaching associate and bachelor level Psychology courses online	2011-Present
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- Developing additional documents and activities for the curriculum course
- Developing a sense of community in online format through the discussion board
- Meeting Key Performance Indicators for each course
- Attending virtual faculty workshops quarterly
- Performing site evaluations for placement of students for Practicum/Internship courses

Riverwoods Behavioral Health, Riverdale, GA

2014 - Present

Crisis Mobile Assessment Counselor

- Provided crisis/emergency assessment services to individuals with serious mental illnesses and substance abuse issues
- Reviewed and staffing referrals with psychiatrist for possible placement
- Marketed and coordinating services with referral sources
- Consulted with multidisciplinary team members regarding patient care
- Completed pre-certifications and obtaining inpatient authorizations from insurance companies
- Provided referrals based on necessity of care
- Secured placement for individuals in need of inpatient services

Willowbrooke at Tanner, Villa Rica, GA

2016

Needs/Mobile Assessment Therapist

- Provided electronic assessment services to individuals with serious mental illnesses and substance issues in the office and by phone
- Reviewed and staffed referrals with psychiatrist for acceptance
- Marketed and coordinated services with referral sources
- Participated in multidisciplinary team supervision
- Consulted with multidisciplinary team members regarding patient care
- Completed pre-certifications and obtain authorizations from insurance companies
- Provided referrals based on necessary level of care
- Secured placement for individuals in need of inpatient services
- Trained new employees on the processes and procedures of Willowbrooke

Riverwoods Behavioral Health, Riverdale, GA

2014- 2015

Social Services Therapist

- Provided comprehensive counseling services to individuals with serious mental illnesses and substance abuse diagnoses
- Provided assessment services to individuals with serious mental illnesses and substance abuse issues
- Provided therapy to adolescent, adult, geriatric populations diagnosed with a serious mental illness/substance abuse
- Provided individual, family, and group therapy to individuals diagnosed with a serious mental illness/substance abuse
- Completed progress notes for services provided
- Developed individualized treatment plans to address the needs of each patient

Riverwoods Behavioral Health, Riverdale, GA

2013 - 2014

Crisis Therapist

- Provided assessment services to individuals with serious mental illnesses/substance abuse issues
- Reviewed and staffed referrals with psychiatrist for acceptance
- Marketed and coordinated services with referral sources
- Participated in multidisciplinary team supervisions
- Consulted with multidisciplinary team members regarding patient care
- Completed pre-certifications and obtain authorizations from insurance companies

Region 8 Mental Health, Brookhaven, MS

2012-2013

Mental Health Therapist/School-Based Therapist

- Provided comprehensive counseling services to children and adults with behavioral issues and serious mental illnesses
- Provided assessment services to individuals with serious mental illnesses and substance abuse issues
- Provided school-based therapy services in 10 different school systems to children with behavioral issues

- Provided individual and family therapy services for clients with serious mental illnesses and substance abuse issues
- Completed progress notes for services provided to each client
- Developed individualized treatment plans for each client
- Conducted therapy services in an inpatient setting for women with dual diagnoses of substance abuse and mental illnesses
- Provided in-office crises services as needed for clients diagnosed with serious mental illnesses or substance abuse issues
- Attended weekly treatment team meetings for supervision

Mississippi Children's Home Services, McComb, MS

2010 - 2011

MYPAC Therapist

- Provided in-home comprehensive counseling services to children with behavioral issues and serious mental illnesses
- Provided assessment services to children with serious mental illnesses/behavioral issues
- Provided evidence-based treatment through individual and family therapy
- Completed progress notes for services provided to each client
- Developed individualized treatment plans for each client
- Developed individualized discharge plans for each client
- Conducted wrap-around meetings with clients, parents, school officials, social workers, etc
- Provided wrap-around services for children with behavioral issues and serious mental illnesses
- Attended weekly treatment team meetings for supervision

Youth Villages, Hattiesburg, MS

2009 - 2010

Clinical Supervisor-Remote

- Provided clinical supervision to a team of counselors
- Provided continuous staff development to beginning and seasoned counselors
- Supervised counseling sessions of counselors
- Reviewed treatment plans for the clients of each counselor
- Reviewed session notes for the clients of each counselor
- Assigned cases to counselors
- Interviewed potential candidates for employment
- Facilitated weekly team meetings
- Provided in-home comprehensive counseling services to children with behavioral issues and serious mental illnesses
- Provided assessment services to children with serious mental illnesses/behavioral issues
- Provided evidenced-based treatment in individual and family therapy
- Completed progress notes for services provided to each client
- Developed individualized treatment plans for each client
- Developed individualized discharge plans for each client
- Attended weekly treatment team meetings for supervision

Youth Villages, Hattiesburg, MS

2008-2009

Family Preservation Counselor

- Provided in-home comprehensive counseling services to children with behavioral issues and serious mental illnesses
- Provided assessment services to children with serious mental illnesses
- Provided evidence-based treatment in individual and family therapy
- Completed progress notes for services provided to each client
- Developed individualized treatment plans for each client
- Developed individualized discharge plans for each client
- Attended weekly treatment team meetings for supervision
- Provided training to new counselors

Pine Belt Mental Health, Collins, MS

2006-2007

Clubhouse Supervisor

- Supervised staff in daily operations of the day treatment program
- Supervised adult members ages 18-80 in daily clubhouse duties and activities

- Provided transportation for the members as needed
- Completed monthly documentation for the clubhouse
- Maintained maintenance needs for the clubhouse
- Identified job opportunities for the members at the clubhouse
- Planned monthly activities for the members
- Maintained financial obligations for the clubhouse
- Ordered supplies for the clubhouse
- Attending weekly staff meetings with the treatment team for supervision
- Provided training for new employees

RESEARCH / PUBLICATIONS

Dissertation: *Depression and Anxiety in Adult Children of Military Parents and Nonmilitary Parents*. Chair: Dr. Thomas Watson. December, 2016.

Rouse, G., Riley, L., & **Barnes, N.** (2016). Counseling female military veterans in career transition: Integrating wellness and career models. *Career Convergence Web Magazine*. Retrieved from webeditor@ncda.org.

In Progress

Barnes, N., Watson, T., & Rouse, G. (2017). Don't forget about us: Depression and anxiety in adult children of military upbringing. *Counselor Education and Supervision*

Barnes, N., Starks, C., & Rouse, G. (2017). Peer Supervision for entry level human services employees: pilot study. *Counselor Education and Supervision*

Rouse, G., **Barnes, N.**, & Dickerson, A. (2017). The "new" conspiracy to destroy black boys. *Counselor Education and Supervision*

RESEARCH / PROFESSIONAL PRESENTATIONS

Rouse, G., Riley, L., & **Barnes, N.** (2016). *Promoting Wellness among Human Services Professions*. National Organization of Human Services. Tampa, FL (accepted)

Rouse, G., Riley, L., & **Barnes, N.** (2016). *Follow the solution-focused road: Promoting supervisee resiliency and professional competence*. Southern Association of Counselor Education and Supervision. New Orleans, LA

Rouse, G., Riley, L., & **Barnes, N.** (2016). *Implementing Wellness and Career Theory to Effectively Work with Military Women in Transition*. National Career Development Association. Chicago, IL

Watson, T., **Barnes, N.**, & Carter, T. (2016). *Husbands on the Home Front When Wives Deploy*. Licensed Professional Counselor Association Conference. Atlanta, GA

Rouse, G., Riley, L., & **Barnes, N.** (2016). *Utilizing a Four Step Model for Change in Evaluating Job Readiness Programs: A Framework for Human Services Professionals*. Southern Organization of Human Services Conference. Charleston, SC

McLeod, A., L., Watson, T., Ritter, K., Spargo, A., Blasko, S., & **Barnes, N.** (2015). *Preparing for Practicum & Internship: A Proactive Approach to Gatekeeping*. Association of Counselor Education and Supervision Conference. Philadelphia, PA

Barnes, N., Rouse, G. & Starks, C. (2017). Closing the loop: Use of a quality enhancement model in post-graduate supervision. Association of Counselor Education and Supervision. Chicago, IL

Reese, M. K., Johnson, C. F., & **Barnes, N.** (2017). The doctoral internship in counselor education & supervision: From student to educator/supervisor. Association of Counselor Education and Supervision. Chicago, IL

In Progress

Barnes. N. (2018). Using the Social-Ecological Model to Examine Depression and Anxiety in Children Raised in a Military Family. 2018 IAMFC World Conference. New Orleans, LA (Accepted)

COLLEGE TEACHING EXPERIENCE

- Argosy University, M.A. Community Counseling Program** **Spring 2015; Fall 2016**
Professional & Ethical Issues (Teaching Assistantship with Dr. G. Rouse)
- Argosy University, M.A. Community Counseling Program** **Spring 2015**
Foundations of Community Counseling (Teaching Assistantship with Dr. A. McLeod)
- Argosy University, M.A. Community Counseling Program** **Summer 2015; Fall 2015; Fall 2016**
Career and Lifestyle Development (Teaching Assistantship with Dr. G. Rouse)
- Argosy University, M.A. Community Counseling Program** **Summer 2015; Fall 2015**
Substance Abuse Counseling (Teaching Assistantship with Dr. G. Gray)
- Argosy University, M.A. Community Counseling Program** **Fall 2015**
Professional & Ethical Issues (Teaching Assistantship with Dr. S. Jones)
- Argosy University, M.A. Community Counseling Program** **Fall 2015**
Research & Program Evaluation (Teaching Assistantship with Dr. C. Johnson)
- Argosy University, M.A. Community Counseling Program** **Fall 2015**
Social and Cultural Diversity (Teaching Assistantship with Dr. S. Blasko)
- Argosy University, M.A. Human Services Program** **Summer 2016**
Communication in Human Services (Teaching Assistantship with Dr. G. Rouse)
- Argosy University, M.A. Community Counseling Program** **Fall 2016**
Group Counseling (Teaching Assistantship with Dr. C. Johnson)

COLLEGE RESEARCH EXPERIENCE

- Argosy University, M.A. Community Counseling Program** **Summer 2016**
Career and Lifestyle Development (Research Assistantship with Dr. G. Rouse)
- Argosy University, M.A. Community Counseling Program** **Summer 2016**
Professional Ethics (Research Assistantship with Dr. G. Rouse)

GUEST LECTURES/PRESENTATIONS

- Argosy University, M.A. Community Counseling Program** **2017**
Counseling Practicum Boot-Camp. "Infusing Multiculturalism into Group Work"
- Argosy University, M.A. Community Counseling Program** **2017**
Counseling Practicum Boot-Camp. "Integrating Communication into Group Work"

Argosy University, M.A. Community Counseling Program **2016**
Counseling Internship. "Multicultural Diversity"

Argosy University, M.A. Community Counseling Program **2016**
Substance Abuse Counseling. "Five Stages of Change"

Argosy University, M.A. Community Counseling Program **2015**
Counseling Practicum. "Introduction to Practicum"

SUPERVISION EXPERIENCE

- Provided individual weekly supervision to students in the MA in Community Counseling Program Practicum and co-led weekly seminar classes.
- Provided feedback to students on written assignments and case presentations, and audiotaped client sessions.

Argosy University, M.A. Community Counseling Program **2015 – 2016**
Counseling Practicum (Teaching Assistantship/Co-teaching with Dr. T. Watson)

Argosy University, M.A. Community Counseling Program **2015 - 2016**
Counseling Internship (Teaching Assistantship/Co-teaching with Dr. T. Watson)

Argosy University, M.A. Community Counseling Program **2014 - 2015**
Counseling Practicum (Teaching Assistantship/Co-teaching with Dr. T. Watson)

Argosy University, M.A. Community Counseling Program **2014 - 2015**
PC6415 Counseling Internship (Teaching Assistantship/Co-teaching with T. Watson)

OTHER EXPERIENCE

Destiny Metropolitan Worship Church, Marietta, GA **2017**
Youth Ministry Coordinator

- Train new ministry leaders and volunteers in the chosen curriculum for the youth ministry
- Teach students (5th-12th grade) in the youth ministry the chosen curriculum
- Plan and conduct weekly meetings with ministry leaders
- Plan and facilitate trainings and presentations for students and parents
- Plan activities for students and parents
- Create and maintain budget for the youth ministry
- Meet with pastor, first lady, and other ministry leaders weekly for development

Argosy University-Atlanta, Atlanta, GA **2015-2016**
Training Office Assistant

- Provided assistance to co-directors of training with placement options for practicum/internship students
- Assisted with crisis trainings for practicum students
- Assisted with pre-start meetings for incoming students in practicum
- Assisted with practicum/internship boot camps for students
- Facilitated presentations and activities at boot camps for students
- Facilitated presentations for crisis trainings
- Assisted with identifying and contacting vendors for information fairs for students
- Provided clerical assistance to the co-directors of training

Proctor

- Administered and supervised students during the Composition Examination
- Administered and supervised students during the National Counselor Examination

PROFESSIONAL MEMBERSHIPS

- American Counseling Association
- Association for Counselor Education and Supervision
- Southern Association of Counselor Education and Supervision
- Association for Counselors and Educators in Government – currently holding the office of Secretary for 2017-2018
- National Career Development Association
- National Organization of Human Services
- Southern Organization of Human Services
- Chi Sigma Iota – held the officer of Treasurer for the Alpha Upsilon Alpha chapter in 2015-2016
- American Mental Health Counselors Association
- Mississippi Counseling Association

PROFESSIONAL AWARDS

- Safety Award - Riverwoods Behavioral Health – 2014
- Recognition for Outstanding Service as Treasurer – Argosy University CSI - 2016
- Student of the Year for the College of Counseling, Psychology and Social Sciences – 2016
- President's Scholarship – The Education Foundation – March 2016
- Recognition for Exceptional Leadership and Invaluable Contribution –Destiny Metropolitan Worship Church - April 2017