

# Jacinda Roach, PhD, RD, LD

66 Camellia Lane • Madison, Mississippi 39110  
jcndbon@aol.com • 601.853.1365 H • 601.506.9066 C

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## EDUCATION

### THE UNIVERSITY OF SOUTHERN MISSISSIPPI

Hattiesburg, MS

Doctor of Philosophy, December 2000

Nutrition and Food Systems

Dissertation: The Use of Self-Efficacy in Predicting Weight Loss Outcomes Among College Students in South Louisiana

Master of Science, May 1994

Institutional Management

The Coordinated Program in Dietetics

Completion May 1994

### NICHOLLS STATE UNIVERSITY

Thibodaux, LA

Bachelor of Science, May 1992

Dietetics

## EXPERIENCE

March 2014 to Present

Consultant

Mississippi Public Health Institute

Evaluation and monitoring consultant for the MS

Department of Health's Oral Health Program and HIV/STD Program

January 2011 to Present

Online Course Facilitator

Axia College

Facilitated SCI 162 (Principles of Health and Wellness)

Completed facilitator training for the University of Phoenix affiliate online campus and facilitate courses.

September 2008 to Present

Online Adjunct Assistant Professor

Delta State University

Dept. of Family & Consumer Sciences

On-line courses taught: Nutrition in the Life Cycle, Nutrition Education, Medical Nutrition Therapy and General Nutrition

September 2011 to  
Present

Adjunct Faculty  
Tulane University  
Dept. of Continuing Studies  
Course taught: Mind, Body and Health; Cultural  
Differences in Healing; Mass Media and Health; Women's  
Health

April 2009 to  
February 2014

Education Coordinator/Bariatric Dietitian  
Transformations Weight Management Center  
River Oaks Hospital  
Plan and organize educational activities of the center,  
including classes offered through weight management  
programs. Teach weight management classes. Plan and  
implement continuing education seminars for health  
care providers. Provide medical nutrition therapy to bariatric  
and weight management patients

October 2008 to  
January 2011

Research Abstractor  
USDA Nutrition Evidence Library  
Review and abstract research on pertinent nutrition topics to  
assist in the development of the 2010 Dietary Guidelines.

December 2006 to  
April 2009

Assistant Professor of Medicine  
University of Mississippi Medical Center  
Serve as Education Director for the Diabetes and  
Metabolism Center. Plan and organize educational  
conferences for health care professionals. Serve as Program  
Coordinator for the Comprehensive Weight Management  
Program. Participate in grant and research projects.

September 2008 to  
December 2008

Consultant  
The University of Mississippi  
Assisted faculty in the Dept. of Family and Consumer  
Sciences in writing a self-study for approval of the dietetics  
internship.

January 2007 to  
May 2007

Adjunct Assistant Professor  
The University of Southern Mississippi.  
Dept. of Nutrition and Food Systems  
Hattiesburg, MS  
Graduate level course taught: Nutrition and Aging

January 2007 to  
May 2007

Adjunct Assistant Professor  
The University of Mississippi  
Dept. of Family and Consumer Sciences  
Oxford, MS  
Course taught: Medical Nutrition Therapy

September 2005  
to November 2006

Assistant Director, Food and Nutrition  
Valley Services, Inc.  
University of Mississippi Medical Center  
Jackson, MS  
Managed clinical nutrition staff and all patient care services,  
including patient trayline and Computrition. Served as RD  
consultant for University Nursing Center.

February 2004  
to September 2005

Account Manager  
Novartis Medical Nutrition  
Jackson, MS  
Developed, maintained and managed accounts in  
long-term care facilities, community-based hospitals, and  
home health companies.

May 1995  
to May 2003

Assistant Professor  
Nicholls State University  
Thibodaux, LA  
Department of Family and Consumer Sciences  
Courses taught: Applied Nutrition, Meal Management, Diet  
Therapy, Community Nutrition, Nutrition Education, and  
Family & Consumer Sciences Internship.  
Advised students and provided career  
counseling; developed the Dietetic Internship and the degree  
program in Culinary Nutrition

June 1994  
to May 1995

Clinical Dietitian  
Mercy-Baptist Medical Center  
New Orleans, LA  
Provided nutritional care of patients in the  
hospital, out-patient counseling, nutrition education to area  
businesses.

## **ACTIVITIES**

President, The Mississippi Dietetic Association, 2011-2012  
Board Member, 2008 to Present  
Member, 2003 to Present  
President, The Central District Dietetic Association, 2006 -2007  
Chair, Louisiana State Board of Examiners in Dietetics and  
Nutrition, 2000-2001; Member, 1999-2003  
Member, The American Dietetic Association, 1992 to Present  
Member, The Louisiana Dietetic Association, 1994 to 2003  
Member, The Bayou District Dietetic Association, 1995 to 2003  
Scholarship Committee, Media Representative, and  
National Nutrition Month Chair, 1999 to 2003  
Member of Kappa Omicron Nu Honor Society, 1992 to 2006  
Co-Advisor, Kappa Delta Pi Chapter, 1995 to 1999  
Advisor, Kappa Delta Pi Chapter, 1999 to 2002  
Member, American Association for Family and Consumer  
Sciences, 1995 to 2003  
Member, NSU Alumni Association  
Vice-President, 2002-2003  
Programs Committee Chair, Board of Directors, and  
Scholarship Committee, 2000-2003  
Columnist, The Daily Comet Newspaper  
Bimonthly Column – “Food For Thought”, 2002  
Mississippi SIDS Alliance, Golf Tournament Volunteer,  
2003 to 2013  
The American Heart Association  
Go Red for Women Planning Committee, 2008, 2009  
Go Healthy Challenge, Planning Committee, 2008–2010  
Chair 2010  
Volunteer Media Representative, 2008 to 2010  
St. Anthony Catholic School  
Parent Association, President, 2012-2013  
Advisory Council Member, 2014 to Present

## **SCHOLARLY ACTIVITIES**

### **PUBLICATIONS**

Roach, JB, Low, AK. Using literacy appropriate health information to promote positive health outcomes in persons with diabetes. *Journal of the American Dietetic Association*. 2010; 110 (9 suppl): A-60.

Roach, JB, Yadrick, MK, Johnson, JT, Boudreaux, LJ, Forsythe, WA, Billon W. Using self-efficacy to predict weight loss among young adults. *Journal of the American Dietetic Association*. 2003; 103 (10): 1357-1359.

Bonvillain, J. The use of self-efficacy in promoting weight loss among college students in south Louisiana. *Journal of the American Dietetic Association*. 2001; 101(9, suppl):A-45.

Barrios, J.B. Letters to the Editors: Is herbal therapy helpful or hazardous? *Journal of the American Dietetic Association*. 1999; 99(5): 530.

Barrios, J.B, & Boudreaux, J. Foodservice managers' perception of issues related to the employment of individuals with disabilities" *Journal of Child Nutrition and Management*. 1998; 22 (1): 3-5.

Roach J, Grothe KB, Low AK, Mota U, Bouldin MJ. "Worksite Wellness Intervention Addressing Weight Management". The Obesity Society's Annual Meeting. October 2008.

Grothe K, Roach J, Low AK, Dubbert P, Shcenk M. "Sedentary Behavior and Food Cravings in Diverse Overweight Wome". The Obesity Society's Annual Meeting. October 2008.

Parkes E, Bouldin MJ, Roach J, Cooper T, Brackin BT. "The Effects of Diabetes Self-Management Education on Glycemic Outcomes". American Diabetes Association Annual Conference. June 2007.

Bonvillain, J. "The Use of Self-Efficacy in Promoting Weight Loss Among College Students in South Louisiana" The American Dietetic Association's Food and Nutrition Conference and Exhibition, October 2001

Bonvillain, J. "The Use of Self-Efficacy in Developing a Weight Loss Program" Bayou District Dietetic Association, February 2001.

#### PRESENTATIONS

Barrios, J. "Foodservice Workers Perceptions of Disabled Co-workers" Bayou District Dietetic Association, January 1999.

Bonvillain, J. "Getting Ready for the Americans with Disabilities Act." Mississippi Dietetic Association Annual Meeting, Spring 1993 (Poster Session)

#### GRANTS & SUBCONTRACT AWARDS

Ethicon Endo-surgery, Inc. Educational Grant, "The Mississippi Obesity Summit 2011: The Art of Obesity Medicine." Roach J, September 2011, Annual Funding: \$7,500.

Ethicon Endo-surgery, Inc. Educational Grant, "Seeing the Forest and the Trees: A Multidisciplinary Approach to Obesity Medicine." Roach J, August 2009, Annual Funding: \$10,000.

Merck Global Human Health CME Grant, "Seeing the Forest and the Trees: A Multidisciplinary Approach to Obesity Medicine." Roach J, August 2009, Annual Funding: \$5,000.

NovoNordisk Educational Grant, "Engaging Minds, Bodies and Hearts: Successful Community-Based Interventions in Diabetes and Cardiovascular Disease", Bouldin MJ, Roach, J, Roach C (PI's), 01/01/2008-11/30/2008, Annual Funding: \$35,000

The National Library of Medicine, "Clarksdale Diabetes and Metabolism Clinic Consumer Health Education Center", Roach J (PI), 09/01/2007-08/31/2008, Annual Funding: \$40,000

Mississippi Institute for Improvement of Geographic Minority Health, Established Researcher Award, Roach J (PI), Grothe KB, Dubbert PM, Low AK, Funded May 2007, Annual Funding: \$25,000

Novonordisk Educational Grant, "The Delta Bus Tour", Bouldin MJ, Roach J (PI's), April 2007, Annual Funding: \$30,000

### **HONORS AND AWARDS**

2012 Outstanding Dietitian of the Year, Mississippi Dietetic Association

2005 Emerging Leader Award, Mississippi Dietetic Association

2003 Outstanding Alumna Award, Nicholls State University, College of Life Sciences and Technology

2001 The Recognized New Achiever Award, The American Association for Family and Consumer Sciences.

2000-2001 The Outstanding Dietetic Educator in a Didactic Program, The Louisiana Dietetic Association.

2000-2001 "Apple Award" for Outstanding Faculty Merit Award, The Division of Student Affairs, Nicholls State University.

1999 Eleanora Sense Memorial Scholarship, The American Dietetic Association and The American Dietetic Association Foundation.

