

The Delta State University Department of Music
Presents Guest Scholar **Mr. Todd Wedge**

Voice Care for the Professional Educator

**BAIONI
CONFERENCE
CENTER**



**THURSDAY
SEPTEMBER 28, 2017
6:00 pm
RECEPTION TO FOLLOW**

The lecture will include information on voice preservation, vocal hygiene, proper speech habits to aid the prevention of vocal distress, and a discussion of vocal pathologies.

Lecture Abstract

“VOICE CARE FOR THE PROFESSIONAL MUSIC EDUCATOR”



INTRODUCTION

A recent clinical study of professional educators performed by the American Academy of Otolaryngology published the following result:

- Ø 58% of educators report voice difficulties at some time in their professional lives, twice the incidence of the general population.
- Ø 47% of American teachers experience voice problems on any given day.
- Ø 1 in 10 teachers has been forced out of the profession because of vocal misuse/damage.

Throughout my career, I have found that education degree programs often overlook the importance of educating students on the care of their most critical pedagogical instrument--the voice. By adhering to simple vocal habits, one can significantly reduce the likelihood of encountering chronic vocal fatigue and/or trauma while pursuing a career in music education.

OBJECTIVE

The purpose of this lecture is to:

- provide future music educators with a better understanding of the importance of vocal health, hygiene, and fitness
- properly identify one's own vocal distress
- introduce speech habits and techniques that will aid in the prevention of vocal distress
- discuss modifications that can be made to the classroom environment that will support optimal vocal efficiency
- bring awareness of potential vocal pathologies

TECHNICAL LOGISTICS

This presentation will require a projection system (with audio) that is compatible MacOS Sierra software.