

I am the Lead Clinical Dietitian at Rush Foundation Hospital in Meridian, MS. I work for Morrison Healthcare, a leading national food and nutrition services company who contracts with over 600 hospitals and healthcare systems. As the head of the clinical nutrition department, I am responsible for maintaining the nutritional adequacy of our patient menu, educating our staff on appropriate food choices for patients prescribed specific diet orders and keeping the medical/nutrition team abreast of current diet practices for a variety of chronic diseases. I am also responsible for conducting full nutrition assessments and providing Medical Nutrition Therapy (MNT) to our patients on our cardiac unit and our med/surg unit.

I cannot speak highly enough about the coordinated program at Delta State University. One of the things I like most about this program is the flexibility it offers for the interns. The entire staff in the department always goes above and beyond what is expected of them to help their students be successful both inside and outside of the classroom. My professors knew how to challenge me to think outside the box so I could start mastering the important critical thinking skills that are required in this field. I knew that when I completed this program that I would be prepared to start my career as an entry-level dietitian.

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