

**BACHELOR OF SCIENCE DEGREE  
HEALTH, PHYSICAL EDUCATION, & RECREATION**

2023-2024 Catalog

Total Degree Requirements 121 hours

NAME \_\_\_\_\_ UA/GA \_\_\_\_\_ GRAD DATE \_\_\_\_\_  
 DSU ID# \_\_\_\_\_ ADVISOR \_\_\_\_\_ BAN \_\_\_\_\_ GPA \_\_\_\_\_  
 Evaluated by \_\_\_\_\_ Date \_\_\_\_\_ DBASE \_\_\_\_\_ HON \_\_\_\_\_

GENERAL EDUCATION REQUIREMENTS 39-40				
COURSE	SUB/TR	SEM	HRS	GR
ENG 101 Eng Comp			3	
ENG 102/200/201 Eng Comp			3	
*ENG LIT- ENG 201, 203, 205 or 206			3	
HIS 101,102,103,104,201,202			3	
**FINE ARTS			3	
**PHI 201, LIT, HIS, Fine Arts not already taken			3	
MAT 103 Quant Reas, MAT 104 Col Alg,				
MAT 106 Precal, <u>OR</u> MAT 115 Stats			3	
BIO 100 Prin of Bio <u>or</u> BIO 110 Bio/Hum Conc			3-4	
BIO 229 Surv of Human Anatomy & Phys			4	
***Perspectives on Society			3	
***Perspectives on Society			3	
PER 101 Concepts in Physical Educ			1	
PER 100 level Activity Elect			1	
COM 101 or 202			3	

\*Transfer credit for most lit courses will count for this requirement

\*\*One appreciation, history, or intro to art/music or creative writing

Fine Arts: ART 101, 212, 401, 402, 405; MUS 105, 114, 115, 116; or ENG 202

\*\*\*Select one: ECO 210, 211; GEO 201, 303; HON 290; PSC 103,201

PSY 101; SOC 101

COURSE	SUB/TR	SEM	HRS	GR
*University Requirement FYS 100/300			1	

\*FYS 103 for honor students can meet this requirement.

SPECIAL DEGREE REQUIREMENTS 9-11				
HSE 140 Per & Comm Health			3	
Science Elective			3-5	
CIS Elective			3	

HPER CORE 12				
HSE 244 First Aid & CPR			3	
HSE 253 Intro to Athletic Training			3	
PER 380 Meas & Eval in PE			3	
PER 391 Org/Adm PE & Rec Prog			3	

HEALTH & PHYSICAL EDUCATION 42				
COURSE	SUB/TR	SEM	HRS	GR
HSE 336 Phys of Exercise			3	
HSE 439 School Hlt Instr OR				
HSE 445 Consumer Health			3	
HSE 460 Drug Use & Abuse			3	
PER 186 Recreational Games			1	
PER 300 Hist&Phil Sports&PE			3	
PER 314 Tech/Tch Team Sprt			3	
PER 315 Tech/Tch Ind Sports			3	
PER 323 Leadership in Comm Rec			3	
PER 382 PE in Elem School			3	
PER 383 Tech of Rhy Act K-12			1	
PER 386 Pract in Elem PE			3	
PER 438 Kinesiology			3	
PER 455 PE for Except Chld			3	
PER 484 Motor Dvlp/Motor Lrng			3	
PER 171 Beg Swm, 173 Swm, <u>or</u> 175 Lfg Tr			1	
<b>SELECT 3 hours from:</b>				
FCS 325 Marr/Fam Lvg/Sex Ed			3	
FCS 343 Nutrit & Phys Fitness			3	
FCS 345 General Nutrition			3	

HPER majors cannot minor in Health, Exercise Sci, Recreation, or Physical Education

ACADEMIC MINOR _____ 18-21				

Updated 11/2/2023