

**BACHELOR OF SCIENCE DEGREE  
HEALTH, PHYSICAL EDUCATION, & RECREATION** (19 catalog)

Total Degree Requirements 121 hours

NAME \_\_\_\_\_ UA/GA \_\_\_\_\_ GRAD DATE \_\_\_\_\_  
 DSU ID# \_\_\_\_\_ ADVISOR \_\_\_\_\_ BAN \_\_\_\_\_ GPA \_\_\_\_\_  
 Evaluated by \_\_\_\_\_ Date \_\_\_\_\_ DBASE \_\_\_\_\_ HON \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS 39-40**

COURSE	SUB/TR	SEM	HRS	GR
ENG 101 Eng Comp			3	
ENG 102/103 Eng Comp			3	
ENG LIT Elect			3	
HIS 101,102,103,104,201,202			3	
*FINE ARTS			3	
PHI 201, LIT, HIS, Fine Arts not already taken			3	
MAT 103 Quant Reas, MAT 104 Col Alg,				
MAT 106 Precal, <u>OR</u> MAT 115 Stats			3	
BIO 100 Prin of Bio <u>or</u> BIO 110 Bio/Hum Conc			3-4	
BIO 229 Surv of Human Anatomy & Phys			4	
**Perspectives on Society			3	
**Perspectives on Society			3	
PER 101 Concepts in Physical Educ			1	
PER 100 level Activity Elect			1	
COM 101, 102 or 202			3	

\*Select one art, music, theater appreciation, history, or intro course

\*\* Select one: ANT 101; ECO 210, 211; GEO 201, 303; PSC 103,201  
 PSY 101; SOC 101

COURSE	SUB/TR	SEM	HRS	GR
University Requirement FYS 100/300			1	

**SPECIAL DEGREE REQUIREMENTS 9-11**

COURSE	SUB/TR	SEM	HRS	GR
HSE 140 Per & Comm Health			3	
Science Elective			3-5	
CIS Elective			3	

**HPER CORE 12**

HSE 244 First Aid & CPR			3	
HSE 253 Intro to Athletic Training			3	
PER 380 Meas & Eval in PE			3	
PER 391 Org/Adm PE & Rec Prog			3	

**TRANSFER WORK/NON TRADITIONAL WORK**

SCHL	CR	HA	HP	QP	GPA

**HEALTH & PHYSICAL EDUCATION 42**

COURSE	SUB/TR	SEM	HRS	GR
HSE 336 Phys of Exercise			3	
HSE 439 School Hlt Instr OR				
HSE 445 Consumer Health			3	
HSE 460 Drug Use & Abuse			3	
PER 186 Recreational Games			1	
PER 300 Hist&Phil Sports&PE			3	
PER 314 Tech/Tch Team Sprt			3	
PER 315 Tech/Tch Ind Sports			3	
PER 323 Leadership in Comm Rec			3	
PER 382 PE in Elem School			3	
PER 383 Tech of Rhy Act K-12			1	
PER 386 Pract in Elem PE			3	
PER 438 Kinesiology			3	
PER 455 PE for Except Chld			3	
PER 484 Motor Dvlp/Motor Lrng			3	
PER 171 Beg Swm, 173 Swm, <u>or</u> 175 Lfg Tr			1	
<b>SELECT 3 hours from:</b>				
FCS 325 Marr/Fam Lvg/Sex Ed			3	
FCS 343 Nutrit & Phys Fitness			3	
FCS 345 General Nutrition			3	

HPER majors cannot minor in Health, Exercise Sci, Recreation, or Physical Education

**ACADEMIC MINOR \_\_\_\_\_ 18-21**


**DATE DSU AVERAGE TO DATE Totals to date**
