

PHYSICAL EDUCATION

The BSE Program in Physical Education provides candidates the skills and knowledge to develop fitness and wellness programs, provide education to K-12 year students, and promote activities to enhance a quality of life. To supplement the bachelor's degree program, Delta State offers a master's degree program that leads to a Mississippi State teaching certification. The division also offers dual certification in health and physical education.



BSE (PETE) Program Coordinator
Britnee Smith, Instructor & Program Coordinator
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HPER (NON-TEACH)

The HPER non-teach bachelors of science is a multidisciplinary degree program originating in the Health and Physical Education department. Community health education, wellness and health promotion professionals possess the passion, interest and skills to help individuals and communities voluntarily adopt healthy behaviors and lifestyles.



Instructor & Advisor
Doug Pinkerton | Director of Facilities
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SPORT MANAGEMENT

Sports management is a field that focuses on the business attributes of sports, and many in this industry have obtained a sports management degree. Individuals working in this industry are concerned with the planning, organizing, managing, and budgeting aspects of a department or organization whose main purpose is related to sports or physical activities. Sports management professionals handle the behind the scenes features, such as finance, marketing, leadership, facility management, and event management. Sports management is applied in nearly all types of levels of sports, including municipal recreation, private organizations, social organizations, government athletic activities, amateur sport, college-level athletics, and professional sports.



Sport Management Program, Coordinator & Advisor
Tim Colbert, Instructor & Interim Chair
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RECREATION ADMINISTRATION

Recreation Administration is an academic program focusing on the skillsets and knowledge needed to create and deliver recreation and leisure programs in a variety of professional settings. This program teaches leadership theories involved in community recreation, facility management and design, sport education, coaching methodology, aquatics, first aid, and wilderness recreation adventure which focuses on environmental stewardship and outdoor leadership skills. Candidates in this field will be required to complete a 400 hr internship.



Recreation Administration, Coordinator & Advisor
Todd Davis | Dave Heflin Professorship
tdavis@deltastate.edu | 662.846.4570

EXERCISE SCIENCE

A concentration in exercise science provides candidates with knowledge on disciplines including biomechanics, sports nutrition, sport psychology, motor control/development, and exercise physiology. Students will become skilled in evaluating healthy behaviors and risk factors. Knowledge on fitness assessments, exercise prescriptions, and motivation for healthy lifestyles is offered through the program. Exercise Science professionals work in a wide variety of settings, including corporate, clinical, community, and commercial fitness centers.



Exercise Science Program, Coordinator & Advisor
John Alvarez, PhD, Associate Professor
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GRADUATE PROGRAMS

The **Master of Education** degree is designed for students who wish to pursue professional study in education as classroom teachers, counselors, supervisors, administrators, or in specialized areas. The **Sport and Human Performance** degree is a 36 credit hour program offering three concentrations: Exercise Science, Sports Management, and Human Performance. Each concentration provides opportunities for students to complete practicum hours, research projects, and internships. Graduate assistantships are offered to students seeking work experience as athletic coaches, athletic trainers, sports information personnel, and personal trainers in the health and wellness area.



Graduate Program , Coordinator & Advisor
Franco Zengaro, PhD , Assistant Professor

COACHING MINOR

The coaching minor is an option for any major. This 18 credit hour program provides opportunities for those who wish coach in parks and recreation or wish to become teachers in a public and private school setting and also coach. All classes are offered by experienced faculty, both in the teacher certification field and in the general physical education curriculum.



BSE & Coaching Program Advisor
Britnee Smith, Instructor
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OUTDOOR RECREATION



The Outdoor Recreation Education Program (OREP) is an exciting program which teaches participants the importance of human-powered outdoor recreation, conservation & preservation, and Leave No Trace™ Principles. All courses provide the education and practice related to the skills needed for the expeditions or field trips. There is no experience necessary for these courses, and all courses are designed for beginners. Outdoor Courses include:

Intro to white water rafting	Intro to rock climbing
Intro to canoeing	Intro to scuba diving
Intro to sea kayaking	Intro to back packing/hiking
Intro to mountain biking	Intro to multi-adventure



Outdoor Recreation Education Program
Todd Davis | Director
tdavis@deltastate.edu | 662.846.4570

INTRAMURAL SPORTS



The Intramural Program is designed to provide Delta State students, faculty and staff with the opportunity to participate in a variety of recreational sports and activities. Every participant is given a chance to develop physically and mentally through social recreation.

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| SPRING | Disc Golf |
| Badminton | Flag Football |
| Basketball | Golf |
| Dodgeball | Ping Pong |
| Pickleball | Punt Pass Kick |
| Softball | Soccer |
| Volleyball | Super Hoops |
| Corn Hole | Two-Mile Fun Run |
| Wiffleball | Ultimate Frisbee |
| FALL | Spikeball |
| Archery | Kan Jam |
| Sand Volleyball | Kickball |



Intramural Sports
Kirk Mansell | Director
kmansell@deltastate.edu | 662.846.4566

AQUATIC CENTER

The Center includes a 60-meter by 25-yard pool with moveable bulkheads, plus a separate diving well. The Center has enough seating to accommodate over 2,500 swimming enthusiasts. classrooms.

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| Recreational Swimming | |
| Monday - Thursday | 7-9 p.m. |
| Saturday | 2-4 p.m. |
| Sunday | Closed |
| Fitness Swimming | |
| Monday - Friday | 12-2 p.m. |



Aquatic Center
Ronnie Mayers | Athletic Director
rmayers@deltastate.edu | 662.846.4301

OUTDOOR REC. LAB



Dave Heflin Outdoor Recreation Laboratory
Located in Forest E. Wyatt Center for HPER is the Dave Heflin Outdoor Recreation Education Laboratory. Opened in 2017, the lab houses a boulder/climbing training facility, work/wash room , and education center. All outdoor recreation courses meet in the lab.



WYATT CENTER

Located directly across the street from the cafeteria, in the center of campus, the Forest E. Wyatt Center is the hub of recreation and wellness for all faculty, staff, students, and community users. The center houses the following:

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| • Health, Physical Education, & Recreation Division | • Exercise Physiology Laboratory |
| • Outdoor Recreation Education Laboratory | • Multi-Media Room |
| • Outdoor Recreation Education Program | • 3 Indoor Basketball Courts |
| • Campus Fitness Center | • 2 Indoor Tennis Courts |
| • Free Wi-Fi Access & Cable TV Lounge | • 4 Outdoor Tennis Courts |
| • Intramural Sports Program Office & Sign Up | • 5 Badminton Courts |
| | • 2 Volleyball Courts |
| | • 4 Racquetball Courts |
| | • Indoor Cycling Room |
| | • Faculty Locker Rooms |
| | • Student Locker Rooms |

Hours :	Mon—Thurs	Friday	Saturday	Sunday
Fitness Center & Racquetball	6-8 a.m. 11:30 a.m.-9:30 p.m.	6-8 a.m. 11:30 a.m.-5:30 p.m.	1-5 p.m.	1-5 p.m.
Gymnasium & Equipment Checkout	1:30 p.m.-9:30 p.m.	1:30 p.m.-5:30 p.m.	1-5 p.m.	1-5 p.m.

MUST HAVE DSU-ISSUED OKRA CARD TO USE FACILITIES



Forest E. Wyatt Center & Fitness Center
Doug Pinkerton | Director of Facilities
dpinkrtn@deltastate.edu | 662.846.4569



DELTA STATE UNIVERSITY
COLLEGE OF EDUCATION AND HUMAN SCIENCES