

2025-2026 ACADEMIC MAP

BS HPER - Sport and Movement Studies

TOTAL HRS: 121-122



Academic map is a guide to help students stay on track to degree completion. Consult undergraduate catalog and academic advisor for other requirements.

* minimum grade required

	FALL SEMESTER						SPRING SEMESTER					
	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR
YEAR 1-Freshman	ENG 101	Composition I	3	Gen Ed	D		ENG 102/200	Composition II	3	Gen Ed	D	
	HIS 100/200 level	History	3	Gen Ed	D		HSE 140	Personal & Comm Health	3	Spec Dgr	D	
	CIS 205	Microcomputer Apps	3	Spec Dgr	D			Perspectives on Society	3	Gen Ed	D	
	PER 100 level	Activity Elective	1	Gen Ed	D			Humanities & Fine Arts	3	Gen Ed	D	
		Perspectives on Society	3	Gen Ed	D		MAT 103/104/115	Mathematics	3	Gen Ed	D	
	PER 186	Recreational Games	1	Major	C				15			
YEAR 2-Sophomore	FYS 100/300 ¹	First Year Seminar	1	Univ Req	D							
			15									
	ENG 201/203/206	Literature	3	Gen Ed	D		PER 300	History & Phil of Sport & PE	3	Major	C	
	COM 101/202	Communication Studies	3	Gen Ed	D		BIO 229	Survey of Human A&P	4	Gen Ed	D	
		Fine Arts	3	Gen Ed	D		PER 386	Prac Elem PE	3	Major	C	
	BIO 100/110	Biology	3-4	Gen Ed	D		PER 173/175	Swimming/Lifeguard Training	1	Major	C	
YEAR 3-Junior	HSE 244	First Aid & CPR	3	Core	C		HSE 253	Intro to Athletic Training	3	Core	C	
			15-16				PER 101	Concepts in Physical Education	1	Gen Ed	D	
									15			
	PER 323	Leadership in Comm Rec	3	Major	C		PER 315	Teaching Individual Sports	3	Major	C	
	HSE 335	Fundamentals of Movmnt	3	Major	C		PER 382	Phys Ed in Elem Schools	3	Major	C	
	PER 314	Teaching Team Sports	3	Major	C		PER 438	Kinesiology	3	Major	C	
YEAR 4-Senior	PER 321	Officiating Major Sports	3	Minor	D		PER 442	PhilosophyPsychology of	3	Minor	D	
	PER coaching elect	PER 343,346,347, 349, or 365	3	Minor	D		PER 391	O & A of HPER Programs	3	Core	C	
			15				PER 383	K-12 PE Techniques	1	Major	C	
									16			
	PER 486	Prac in HPER	3	Major	C		PER 380	Meas & Eval in Phys Ed	3	Core	C	
	PER 484	Motor Dev/Motor Learning	3	Major	C		FCS Elective	FCS 215/325/343/345	3	Major	C	
YEAR 4-Senior	PER 455	Phys Ed for the Except Child	3	Major	C		PER 471	Sports Management	3	Major	C	
	HSE 445	Consumer Health	3	Spec Dgr	D		PER coaching elect	PER 343,346,347, 349,365	3	Minor	D	
	PER coaching elect	PER 343,346,347, 349, 365	3	Major	C		HSE 460	Drug Use & Abuse	3	Major	C	
			15						15			

- ¹All incoming students required to enroll in FYS 100 (freshmen) or FYS 300 (transfers).