

2025-2026 ACADEMIC MAP



BSE - Health, Physical Education, Recreation

TOTAL HRS: 121-122

**Program will be closed by May 11, 2026. All students with more than 60 hrs. towards the degree on May 13, 2024, will receive a teach-out plan. Students with less than 60 hrs. on May 13, 2024, will be assisted in changing their major.*

Academic map is a guide to help students stay on track to degree completion. Consult undergraduate catalog and academic advisor for other requirements.

* minimum grade required

FALL SEMESTER						SPRING SEMESTER					
PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR
YEAR 1-Freshman	ENG 101	Composition I	3	Gen Ed	D	ENG 102	Composition II	3	Gen Ed	D	
	HIS 100/200 level	History	3	Gen Ed	D	HSE 140	Personal & Community Health	3	Major	C	
	PSY 101	General Psychology	3	Gen Ed	D		Perspectives on Society	3	Gen Ed	D	
	CIS ____	Elective	3	Spec Dgr	D		Humanities & Fine Arts	3	Gen Ed	D	
		Fine Arts	3	Gen Ed	D	MAT 103/104/115	Mathematics	3	Gen Ed	D	
	PER 100 level	Activity Elective	1	Gen Ed	D	PER 101	Concepts in Physical Education	1	Gen Ed	D	
	FYS 100/300 ¹	First Year Seminar	1	Univ Req				16			
			17								
YEAR 2-Sophomore	ENG 205	Literacy Pedagogy	3	Gen Ed	D	BIO 229	Survey of Human A&P	4	Gen Ed	D	
	COM 101/202	Communication Studies	3	Gen Ed	D	FCS 325	Marriage, Family Living, Sex Ed	3	Major	C	
	PER 323	Leadership in Comm Rec	3	Major	C	PER 382	Phys Ed in Elem Schools	3	Major	C	
	BIO 100/110	Biology	3-4	Gen Ed	D	PER 383	K-12 PE Techniques	1	Major	C	
	PER 380	Meas & Eval in Phys Ed	3	Major	C	PER 391	O & A of HPER Programs	3	Major	C	
	PER 171/173/175	Swimming/Lifeguard Training	1	Major	C	CSP 340	Survey of Exceptional Children	3	Spec Dgr	D	
			16-17					17			
YEAR 3-Junior	HSE 336	Physiology of Exercise	3	Major	C	PER 315	Teaching Individual Sports	3	Major	C	
	HSE 337	Physiology of Exercise Lab	1	Major	C	PER 386	Elementary PE Practicum	3	Major	C	
	PER 314	Teaching Team Sports	3	Major	C	CUR 393	Classroom Management	3	Prof Ed	C	
	PER 455	Phys Ed for the Except Child	3	Major	C	PER 484	Motor Development	3	Major	C	
	CUR 300	Survey of Ed w/ Field Exp	3	Prof Ed	C	PER 438	Kinesiology	3	Major	C	
	HSE 460	Drug Use & Abuse	3	Major	C			15			
			16								
YEAR 4-Senior	EPY 341	Educational Psychology	3	Spec Dgr	D	CUR 498	Directed Teaching Internship	9	Major	C	
	PER 300	History & Phil of Sport & PE	3	Spec Dgr	D			9			
	PER 487	Methods Health	3	Prof Ed	C						
	HSE 439	School Health Instruction	3	Prof Ed	C						
	HSE 244	First Aid & CPR	3	Major	C						
			15								

- ¹All incoming students required to enroll in FYS 100 (freshmen) or FYS 300 (transfers).