

2023-2024 ACADEMIC MAP

BS HPER - Health & Physical Education

TOTAL HRS: 121-123



Academic map is a guide to help students stay on track to degree completion. Consult undergraduate catalog and academic advisor for other requirements.

* minimum grade required

	FALL SEMESTER						SPRING SEMESTER					
	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR
YEAR 1-Freshman	ENG 101	Composition I	3	Gen Ed	D		ENG 102	Composition II	3	Gen Ed	D	
	HIS 100/200 level	History	3	Gen Ed	D		HSE 140	Personal & Comm Health	3	Spec Dgr	D	
	CIS _____	Elective	3	Spec Dgr	D		_____	Perspectives on Society	3	Gen Ed	D	
	PER 100 level	Activity Elective	1	Gen Ed	D		_____	Humanities & Fine Arts	3	Gen Ed	D	
	_____	Perspectives on Society	3	Gen Ed	D		MAT 103/104/115	Mathematics	3	Gen Ed	D	
	PER 186	Recreational Games	1	Major	C				15			
FYS 100/300 ¹	First Year Seminar	1	Univ Req									
			15									
YEAR 2-Sophomore	ENG 203/206	Literature	3	Gen Ed	D		PER 300	History & Phil of Sport & PE	3	Major	D	
	COM 101/202	Communication Studies	3	Gen Ed	D		BIO 229	Suvey of Human A&P	4	Gen Ed	D	
	_____	Fine Arts	3	Gen Ed	D		_____	Science Elective	3-4	Spec Dgr	D	
	BIO 100/110	Biology	3-4	Gen Ed	D		PER 171/173/175	Swimming/Lifeguard Training	1	Major	C	
	HSE 244	First Aid & CPR	3	Core	C		HSE 253	Intro to Athletic Training	3	Core	C	
			15-16			PER 101	Concepts in Physical Education	1	Gen Ed	D		
								15-16				
YEAR 3-Junior	PER 323	Leadership in Comm Rec	3	Major	C		PER 315	Teaching Individual Sports	3	Major	C	
	HSE 336	Physiology of Exercise	3	Major	C		PER 382	Phys Ed in Elem Schools	3	Major	C	
	PER 314	Teaching Team Sports	3	Major	C		PER 438	Kinesiology	3	Major	C	
	_____	Minor Elective	3	Minor	D		_____	Minor Elective	3	Minor	D	
	_____	Minor Elective	3	Minor	D		PER 391	O & A of HPER Programs	3	Core	C	
			15			PER 383	K-12 PE Techniques	1	Major	C		
								16				
YEAR 4-Senior	PER 386	Prac in Elem Phys Ed	3	Major	C		PER 380	Meas & Eval in Phys Ed	3	Core	C	
	PER 484	Motor Dev/Motor Learning	3	Major	C		FCS 325/343/345	FCS Elective	3	Major	C	
	PER 455	Phys Ed for the Except Child	3	Major	C		_____	Minor Elective	3	Minor	D	
	_____	Minor Elective	3	Minor	D		_____	Minor Elective	3	Minor	D	
	HSE 439/445	Sch Health Inst/Con Health	3	Major	C		HSE 460	Drug Use & Abuse	3	Major	C	
			15					15				

- ¹All incoming students required to enroll in FYS 100 (freshmen) or FYS 300 (transfers).