

# 2021-22 ACADEMIC MAP

## BS HPER - Exercise Science

TOTAL HRS: 121-128



Academic map is a guide to help students stay on track to degree completion. Consult undergraduate catalog and academic advisor for other requirements.

\* minimum grade required

FALL SEMESTER						SPRING SEMESTER					
PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR
YEAR 1-Freshman	ENG 101	Composition I	3	Gen Ed	D	ENG 102	Composition II	3	Gen Ed	D	
	MAT 103/104/115	Mathematics	3	Gen Ed	D	HSE 244	First Aid & CPR	3	Core	C	
	HIS 100/200 level	History	3	Gen Ed	D	CIS ____	Elective	3	Spec Dgr	D	
	BIO 100/110	Biology	3-4	Gen Ed	D	COM 101/202	Communication Studies	3	Gen Ed	D	
	HSE 140	Personal & Comm Health	3	Spec Dgr	D		Minor Elective	3-4	Minor	D	
	FYS 100/300 <sup>1</sup>	First Year Seminar	1	Univ Req	D			15-16			
		16-17									
YEAR 2-Sophomore	ENG 203/206	Literature	3	Gen Ed	D		Perspectives on Society	3	Gen Ed	D	
		Perspectives on Society	3	Gen Ed	D		Humanities & Fine Arts	3	Gen Ed	D	
		Fine Arts	3	Gen Ed	D	HSE 336	Physiology of Exercise	3	Major	C	
	BIO 229/230	Survey of Human A&P	4	Gen Ed	D	HSE 337	Physiology of Exercise Lab	1	Major	C	
	HSE 253	Intro to Athletic Training	3	Core	C	PER 300	History & Phil of Sport & PE	3	Major	C	
	PER 171/173/175	Swimming/Lifeguard Training	1	Major	C	PER 101	Concepts in Physical Education	1	Gen Ed	D	
		17			PER 100 level	Activity Course	1	Gen Ed	D		
							15				
YEAR 3-Junior	PER 391	O & A of HPER Programs	3	Core	C	PER 380	Measurement & Eval In PE	3	Core	C	
	PER 365	Fitness Training Techniques	3	Major	C		Minor Elective	3-4	Minor	D	
	PER 360	Clinical Exp In Exer Science	3	Major	C	PER 463	Exer for Special Populations	3	Major	C	
		Minor Elective	3-4	Minor	D	FCS 343/345	Nutrition & Physical Fitness	3	Spec Dgr	D	
	PER 484	Motor Dev/Motor Learning	3	Major	C		Minor Elective	3-4	Minor	D	
		15-16					15-17				
YEAR 4-Senior	PER 438	Kinesiology	3	Major	C	PER 465	Internship in Exercise Science	12	Major	C	
	PER 464	Senior Seminar in Ex Science	1	Major	C			12			
	PER 460	Exercise Testing	3	Major	C						
	PER 461	Exercise Prescription	3	Major	C						
		Minor Elective	3-4	Minor	D						
		Minor Elective	3-4	Minor	D						
		16-18									

- <sup>1</sup>All incoming students required to enroll in FYS 100 (freshmen) or FYS 300 (transfers).