

ACADEMIC MAP

2017-18 BS-HPER

CONCENTRATION: EXERCISE SCIENCE WITH A MINOR IN ALLIED HEALTH



*minimum grade required †offered every other year

Freshman (Fall Semester) 16 hrs total

ENG 101	English Composition I	3 credit hrs	Gen. Ed.	D*
MAT 103	Quantitative Reasoning	3 credit hrs	Gen. Ed.	D*
OR MAT 104	College Algebra			
OR MAT 106	Pre Calculus			
HIS 100 LEVEL	Elective	3 credit hrs	Gen. Ed.	D*
OR 200 LEVEL				
BIO 110 OR 100	Bio. Human Concerns or General Biology I	3-4 credit hrs	Spec. Dgr	D*
HSE 140	Personal & Comm. Health	3 credit hrs	Spec. Dgr	D*
PER 101	Concepts in Phys. Ed.	1 credit hr	Gen. Ed.	D*

Sophomore (Fall Semester) 17 hrs total

	English Literature Elective	3 credit hrs	Gen. Ed.	D*
	Perspectives on Society	3 credit hrs	Gen. Ed.	D*
	Fine Arts Elective	3 credit hrs	Gen. Ed.	D*
BIO 229	Survey of Human A & P	4 credit hrs	Spec. Dgr	D*
OR BIO 230	Anatomy & Physiology I			
HSE 253	Intro. to Athletic Training	3 credit hr	Core	C*
PER 171	Beginning Swimming	1 credit hr	Major	C*
OR PER 173	Advanced Swimming			
OR PER 175	Lifeguard Training			

Junior (Fall Semester) 15 hrs total

PER 391	O & A of HPER Programs	3 credit hrs	Core	C*
PER 365	Fitness Training Tech.	3 credit hrs	Major	C*
PER 360	Clinical Exp. in Exercise Sci.	3 credit hrs	Major	C*
BIO, PHY, or CHE	Elective	3 credit hrs	Minor	D*
PER 484	Motor Devel./Motor Learning	3 credit hrs	Major	C*
	Writing Proficiency Req.	0-3 credit hrs	Gen. Ed	D*

Senior (Fall Semester) 16 hrs total

PER 438	Kinesiology	3 credit hrs	Major	C*
PER 464	Senior Seminar in Exer. Sci.	1 credit hr	Major	C*
PER 460	Exercise Testing	3 credit hrs	Major	C*
PER 461	Exercise Prescription	3 credit hrs	Major	C*
BIO, PHY, or CHE	Elective	3 credit hrs	Minor	D*
BIO 300 Level	Elective	3-4 credit hr	Minor	D*

Freshman (Spring Semester) 16 hrs total

ENG 102	English Composition II	3 credit hrs	Gen. Ed.	D*
OR ENG 103	English Honors			
HSE 244	First Aid & CPR	3 credit hr	Core	C*
CIS	Elective	3 credit hrs	Spec. Dgr	D*
COM 101	Public Speaking	3 credit hrs	Gen. Ed.	D*
OR COM 202	Interpersonal Comm.			
PER 100 LEVEL	Activity Elective	1 credit hr	Gen. Ed	D*
BIO, PHY, or CHE	Elective	3-5 credit hrs	Minor	D*

Sophomore (Spring Semester) 17 hrs total

	General Elective	3 credit hrs	Gen. Elect	D*
	Perspective on Soc. Elec.	3 credit hrs	Gen. Ed	D*
	Hum. & Fine Art Elective	3 credit hrs	Gen. Ed	D*
HSE 336	Physiology of Exercise	3 credit hrs	Major	C*
HSE 337	Phys. of Exer. Lab Experience	1 credit hr	Major	C*
PER 300	His. & Phil. of Sports & Phys. Ed.	3 credit hrs	Major	C*
	General Elective	1 credit hr	Gen Elect	D*

Junior (Spring Semester) 15 hrs total

PER 380	Measurement & Eval. in P.E.	3 credit hrs	Core	C*
BIO, PHY, or CHE	Elective	3 credit hrs	Minor	D*
PER 463	Exer. for Special Pops.	3 credit hrs	Major	C*
FCS 343	Nutrition & Phys. Fitness	3 credit hrs	Spec. Dgr	D*
OR FCS 345	General Nutrition			
MAT 300	Applied Probability & Stats	3 credit hrs	Minor	D*
OR MAT 441	Probability & Statistics			
OR PSY 3313	Statistics			

Senior (Spring Semester) 12 hrs total

PER 465	Internship in Exer. Science	12 credit hrs	Major	C*
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