

Stephanie C. Bell, Ph.D., NCC, ACS

Phone: 662-846-4363

Email: sbell@deltastate.edu

Assistant Professor of Counselor Education
Division of Counselor Education and Psychology
Delta State University
Ewing Hall 344, DSU Box 3142
1003 W. Sunflower Road
Cleveland, MS 38733

EDUCATION

Graduate

2012 - 2015

University of Mississippi – Oxford, MS

Ph.D. Counselor Education, CACREP Accredited

Dissertation: “The Relationship Between the Effects of Rape, PTSD, Complex Trauma, and Post-Attack Victim-Perpetrator Interaction in Female College Students.”

Dissertation Co-Chairs: Dr. Lori Wolff, Ph.D., J.D., and Dr. Marilyn Snow, Ph.D.

2009 - 2012

Mississippi College – Clinton, MS,

M.S. Mental Health Counseling, CACREP Accredited

Undergraduate

2004 - 2008

Loyola University New Orleans – New Orleans, LA

B.A. Psychology and Criminal Justice

HONORS AND AWARDS

ACES Emerging Leader (2015)

Outstanding Doctoral Student in Counselor Education Award (2015)

Chi Sigma Iota Honor Society Member (2010-2015)

TEACHING EXPERIENCE

Course Development & Instructor of Record

Fall 2017

CED 602 Assessment Techniques in Counseling (Web Enhanced)
 CED 605-01 Techniques in Group Counseling (Web Enhanced)
 CED 605-02 Techniques in Group Counseling (Web Enhanced)
 CED 635 Research and Statistical Methods in Counseling (Web Enhanced)

Summer 2017

CED 610 Clinical Mental Health Internship (Web Enhanced)
 CED 770 Special Topics: Trauma Counseling (Web Enhanced)

Spring 2017

CED 609 Counseling Practicum (Web Enhanced)
 CED 627 Foundations of Clinical Mental Health Counseling (Web Enhanced)
 CED 635 Research and Statistical Methods in Counseling (Web Enhanced)

Fall 2016

CED 605 Techniques in Group Counseling (Web Enhanced)
 CED 635-01 Research and Statistical Methods in Counseling (Web Enhanced)
 CED 635-02 Research and Statistical Methods in Counseling (Web Enhanced)

Summer 2016

CED 627 Foundations of Clinical Mental Health Counseling (Web Enhanced)

Spring 2016

CED 605 Techniques in Group Counseling (Web Enhanced)
 CED 609 Counseling Practicum (Web Enhanced)
 CED 635-01 Research and Statistical Methods in Counseling (Web Enhanced)
 CED 635-02 Research and Statistical Methods in Counseling (Web Enhanced)

Fall 2015

CED 602-02 Assessment Techniques in Counseling (Web Enhanced)
 CED 605 Techniques in Group Counseling (Web Enhanced)
 CED 609 Counseling Practicum (Web Enhanced)

Course Development & Co-Instruction

Summer 2014

COUN 687 Seminar in Special Problems: Trauma Counseling (Hybrid) – Developed and presented lectures on trauma related topics. Designed assignments, graded annotated bibliographies, and provided grading and feedback for weekly online discussion posts.

COUN 674 Diagnostic Systems in Counseling – Constructed and presented lectures, quizzes, and exams on the DSM-5. Graded exams and papers on specific diagnoses, measured student learning outcomes.

Spring 2014

COUN 686 Counseling with Children and Adolescents (Hybrid) – Designed and presented lectures, online quizzes, and in-class activities. Graded in-class presentations, written assignments, and online quizzes.

Fall 2013

COUN 639 Introduction to Professional Counseling and Ethics – Developed and led weekly discussions on ethics issues in the counseling profession. Conducted several lectures over the course of the semester.

Summer 2013

COUN 605 Research in Counseling (Hybrid) – Designed and gave several lectures, helped construct and grade online quizzes and in-class exams.

COUN 601 Lifespan Development (Online) – Designed course assignments, grading rubrics, and online quizzes. Graded online quizzes and response papers.

Personal Growth Group Leader**Fall 2016**

CEC 605 Techniques in Group Counseling -- Led personal growth group for masters level counseling students as the experiential portion of their group counseling class. Read and responded to weekly group logs.

Spring 2016

CEC 605 Techniques in Group Counseling -- Led personal growth group for masters level counseling students as the experiential portion of their group counseling class. Read and responded to weekly group logs.

Fall 2015

CEC 605 Techniques in Group Counseling – Led personal growth group for masters level counseling students as the experiential portion of their group counseling class. Read and responded to weekly group logs.

Spring 2013

COUN 643 Group Procedures – Led two personal growth groups for master's level counseling students as the experiential portion of their class in group counseling. Read and responded to weekly reflection papers on group meetings.

COUNSELING & SUPERVISION EXPERIENCE**Counseling Lab Supervisor – Counselor Training Laboratory, Delta State University**

-Providing live supervision to students in the pre-practicum class, as well as tape reviews and evaluations.

Staff Counselor – Student Counseling and Testing Services, Delta State University

-Providing individual counseling to college students.

Group Leader – University of Mississippi Counseling Center

-Co-leading existential process groups with 6-8 college students each semester.

Counseling Supervisor

-Scheduled, planned, organized, and conducted individual weekly supervision sessions with 3 master's level counseling students.

Ph.D. Practicum – EDHE Counselor

-Provided individual counseling for college students on academic probation.

Counselor Intern – The Counseling Center, Ridgeland, MS.

-Provided individual counseling and psychometric testing with adolescents and adults. Completed assessment training with the WISC, WAIS, WIAT, and WRAT. Performed family counseling with adolescents and their families.

Counselor Intern – Pyscamore Psychiatric Programs, Flowood, MS.

-Provided individual and group counseling with adolescents and adults in an intensive outpatient setting.

Counselor Intern – Mississippi College Counseling Center, Clinton, MS.

-Provided individual counseling with college students and coordinated activities for the counseling center.

PUBLICATIONS

Invited Publications

Bell, S.C., & Wolff, L.A. (2016). Treating female acquaintance rape victims in college using

ACT. *The Advocate Magazine*, 39(3).

Book Chapters

Bell, S. C., Stoltz, K. S., & Barclay, S. R. (2014). Heroes: Identity and adaptability in the world of work. In S. Degges-White & B. R. Colon (Eds.), *Expressive arts interventions for school counselors*. New York, NY: Springer.

Bell, S. C., Barclay, S. R., & Stoltz, K. S. (2013). Depression in college students: Diagnosis, treatment, and campus planning. In S. Degges-White & C. Borzumato-Gainey (Eds.),

College student mental health counseling: A developmental approach. (pp. 219-236). New York, NY: Springer.

Manuscripts in Progress

Bell, S. C., Skolnick, M., & Wolff, L. A. (in-progress). Post-attack victim-perpetrator interaction with female acquaintance rape victims in college.

Bell, S. C., & Stoltz, K. S. (in-progress). Using career narratives as a transitioning tool for doctoral students in counselor education.

Pickens, B. R., McKinney, R., & Bell, S. C. (under review). A hierarchical model of coping in the college student population. *Journal of College Student Psychotherapy*.

PROFESSIONAL PRESENTATIONS

International

Bell, S. C. (2015). *The Effects of Acquaintance Rape, PTSD, and Post-attack Victim-perpetrator Interaction on Female College Students*. Presented at The International Society of Traumatic Stress Studies Annual Meeting. New Orleans, LA.

National

Bell, S. C., & Stoltz, K. S. (2015). *Using the Career Construction Interview (CCI) as a Transitioning Tool for New Doctoral Students in Counselor Education*. Presented at The Association for Counselor Educators and Supervisors Conference. Philadelphia, PA.

Bell, S. C., & Wolff, L.A. (2016). *Treating Female Acquaintance Rape Victims in College Using ACT*. Presenting at The American Mental Health Counselors Association Conference. New Orleans, LA.

Regional

Bell, S. C., & Pickens, B. (2016). *The Master's Level Cohort: Implementation and Evaluation of a Structured, Developmental Curriculum*. Presenting at The Southern Association for Counselor Educators and Supervisors Conference. New Orleans, LA.

Bell, S. C., & Stoltz, K. S. (2014). *Early Recollections in Counselor Supervision: A Career Construction Process*. Presented at The Southern Association for Counselor Educators and Supervisors Conference. Birmingham, AL.

Turnage-Butterbaugh, I., & Bell, S. C. (2014). *Getting to the Core of Supervision: Using Early Maladaptive Schemas to Enhance Supervision*. Presented at The Southern Association for Counselor Educators and Supervisors Conference. Birmingham, AL.

State

Turnage-Butterbaugh, I., & Bell, S. C. (2013). *Getting to the Core of Supervision: Using Early Maladaptive Schemas to Enhance Supervision*. Presented at the Mississippi Counseling Association Conference. Jackson, MS.

PROFESSIONAL SERVICE

Editorial Service

Editorial Review Board Member for the *Delta Journal of Education* (2015-present)

Conference Programming

Woodall Spring Conference for the Helping Professionals Program Proposals (2016, 2017)
Southern Association for Counselor Education and Supervision Program Proposals (2016)
Western Association for Counselor Education and Supervision Program Proposals (2016)

Leadership

Information Session to Faculty on Distressed Students. Delta State University. 2015.
Master's New Student Orientation. Delta State University. 2015-2016
Ph.D. and Master's Program Information Sessions. Departmental Representative. 2012-2104
Master's Program Orientation. University of Mississippi. 2012-2013, 2015.
Counseling Program Site Supervisor Training. Presenter. 2013.
New Ph.D. Student Mentor. 2012-2014

Professional Memberships

Mississippi Counseling Association (2012-present)
American Counseling Association (2012-present)
American Mental Health Counselors Association (2012-present)
International Society of Traumatic Stress Studies (2013-present)
Association for Counselor Educators and Supervisors (2012-present)
Southern Association for Counselor Educators and Supervisors (2012-present)

PROFESSIONAL CREDENTIALS

International Society of Traumatic Stress Studies (ISTSS) Advanced Training in Traumatic Stress Certification, (current)
National Board of Certified Counselors, (current)
Approved Clinical Supervisor, (current)