

Curriculum Vitae
George R. Beals, Ph.D. LPC-S NCC

Home:
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Office:
Division of Counselor Education
and Psychology
Delta State University
Cleveland, MS 38733
662.846-3142

Education:

Doctor of Philosophy in Counselor Education with doctoral minor in Psychology
May 2007

Mississippi State University
Mississippi State, Mississippi 38762
Dissertation: *The Climate for Sexual Minorities in Counselor Education Programs*

Master of Arts in Community Counseling
December 1995

University of Alabama at Birmingham
Birmingham, Alabama 35294

Certificate of Completion
December 1982

American Institute of Computer Programming
Birmingham, Alabama 35223

Bachelor of Arts in Music Performance
Minor in German

May 1977
Troy State University, Troy, Alabama 36802

Licensure and Certifications:

Licensed Professional Counselor, Mississippi #0715
National Certified Counselor #274971

Relevant Counseling Experience:

1/2002 – Present **Owner**
Private Counseling Practice

Cleveland, Mississippi 38733
Starkville, Mississippi 38759

8/2005 – 5/2006

Counselor

Student Counseling Center
Mississippi State University 39762

8/1996 – 12/2001

3 Positions

Community Counseling Services (CCS)
Region 7 Mental Health
P.O. Box 1188
Starkville, Mississippi 39759
Contact: Ms. Susan Baker, RN – Chief Operations Officer

8/1999 – 12/2001

County Administrator for CCS in Webster County, Mississippi

Supervised adult and children's counseling and case management services in Webster County (staff of 20). Additional services included school-based children's day treatment, psychosocial clubhouse for persons with serious mental illness and case management services for developmentally disabled children and adults.

11/1997 – 8/1999

Program Manager for River Heights Apartments for Adults with serious mental illness and Therapist for Adults and Adolescence

Managed apartments housing 24 persons with serious mental illness. Supervised staff of six and coordinated treatment efforts with a multidisciplinary treatment team. Maintained a case load of 20 to 30 additional clients at the county community mental health center. Facilitated a dual-diagnoses group.

8/1996 – 11/1997

Adult Therapist

Maintained a large case load for regional mental health center across a wide range of diagnoses and ages. Provided counseling services and participated in a multidisciplinary approach for mental health care. Facilitated a dual-diagnoses group, a reminiscence group for nursing home patients, and a self-esteem/self-efficacy group for developmentally disabled adults.

- 3/1996 – 8/1996 **Residential Substance Abuse Counselor**
Bradford Health Systems
Warrior Residential Treatment Center
1189 Albritton Road
Warrior, AL 35180
Provided group and individual counseling for persons in residential drug and alcohol treatment. Participated in multidisciplinary treatment team. Specialized in chronic relapse population. Facilitated family group therapy weekends.
- 7/1994 – 3/1996 **Intensive Outpatient Substance Abuse Counselor**
UAB Substance Abuse Programs
Department of Psychiatry
University of Alabama at Birmingham 35294
Conducted group therapy for intensive outpatient substance abuse program populated with court-referred clients. Provided assessment services and individual counseling for group members.

Relevant Teaching Experience:

- 8/2009 – present **Assistant Professor**
8/2009 – 8/2013 **Program Coordinator**
Division of Counselor Education and Psychology
Delta State University
Cleveland, MS 38733
- 8/2004 – 5/2008 **Adjunct Lecturer (2 departments)**
Department of Counselor Education, Educational Psychology,
and Special Education
Department of Psychology
Mississippi State University, 39762
- 1/2002-12/2005 **Instructor**
East Mississippi Community College – Golden Triangle
Mayhew, MS 39753
- 1/2002 – 5/2002 **Graduate Assistant**
Mississippi State University
Mississippi State, MS 39762
- 8/1981 – 8/1982 **Artist in Residence**
Universidad de Colima
Colima, Colima Mexico

Additional University Experience:

7/1994 – 3/1996 **Chief Information Officer, Network Administrator
and Research Assistant**

UAB Substance Abuse
Department of Psychiatry
University of Alabama at Birmingham
Birmingham, AL 35294

3/1984 – 7/1994 **Institutional Researcher/Network Administrator**
Office of the Senior Vice President for Academic Affairs
University of Alabama at Birmingham
Birmingham, AL 35294

Courses Taught

Undergraduate:

MSU Counselor Education Department

Educational Statistics Lab
Introduction to Counseling
Psychology of Adolescence
Facilitative Skills
Research in Education (capstone project for Ed Psych majors)

MSU Psychology Department

Developmental Psychology
Psychology of Aging (split level – Senior/Graduate)

East Mississippi Community College

Human Growth and Development

Graduate:

Delta State University Counselor Education

Clinical Mental Health Counseling Internship
Counseling Skills
Marriage and Family Counseling
Assessment Techniques in Counseling
Group Counseling
Psychopharmacology (on-line)
Introduction to Clinical Hypnosis
Counseling Pre-practicum
Clinical Supervision for School Counselors (on-line)
Counseling Theories
Consultation and Counseling of Diverse Populations
Methods of Research for Counselors and Statistics
Advanced Research for Counselors
Theories of Counseling Supervision
Career Counseling
Counseling and Issues in Sexuality
Counseling and Spirituality

MSU Counselor Education Department

Counseling Skills

Career Counseling

School Counselor Practicum and Internship

Supervised 33 Master's students during their pre-practicum counseling skills

Publications and Presentations:

Encyclopedia Entry

Beals, G. (2009). Sexual Orientation. In The American Counseling Association (Ed.), *American Counseling Association Encyclopedia of Counseling*. Alexandria, VA: American Counseling Association.

CACREP

Coordinator and main author for CACREP Self-study, addendum, site visit, and rejoinder.

Resulting in eight-year accreditation. Delta State University.

Two mid-cycle reports to CACREP

CACREP Site Visit Team Training

Three CACREP Site Visits

Editorial Board

Journal of Counseling Research and Practice: Blending the Science and Research of Counseling. The Official Journal of the Mississippi Counseling Association.

Presentations

Beals, G. (November, 2013). *The Ethical Imperative of Leadership*. 31st Woodhall Conference for the Helping Professions. Cleveland, MS.

Beals, G., McCormick, J. & Witt, K. (October, 2013). *Enhancing active professional counselors in school settings: Going beyond a 60-hour school counseling program*. Association for Counselor Education and Supervision. Denver, CO.

Beals, G. (April, 2013). *The Ethical Imperative of Leadership*. Woodhall Conference for the Helping Professions. Cleveland, MS.

Beals, G., Fipps, N., Lewis, L., Marshall, K., & Simmons, B. (November, 2011). *Psychopharmacology Primer for School Counselors*. Mississippi Counseling Association, Biloxi, MS

Hawkins, J. & Beals, G. (November, 2011). *Ethical counselor supervision using the Internal Family Systems Model and Interpersonal Process Recall*. Mississippi Counseling Association, Biloxi, MS.

- Beals, G. (November, 2010). *Uses for clinical hypnosis*. Mississippi Counseling Association, Jackson, MS.
- Beals, G. (November 2010). *Assessing for dissociative symptoms across the dissociative spectrum: Implications for assessment and treatment of all clients*. Mississippi Counseling Association, Jackson, MS.
- Beals, G. (September 2010). *Assessing for dissociative symptoms across the dissociative spectrum: Implications for assessment and treatment of all clients*. Association for Assessment in Counseling and Education National Conference, Nashville, TN.
- Beals, G. (April 2010). *Dream dialogue: Helping client's explore their dreams for meaning or emotion*. 29th Annual F. E. Woodall Spring Conference for Helping Professions at Delta State University, Cleveland MS.
- Beals, G. (April 2009). *Hypnosis: A resource for therapists and clients*. 28th Annual F.E. Woodall Spring Conference for Helping Professions at Delta State University, Cleveland, MS.
- Beals, G. & Dooley, K. (2003). *Graduate students' agreement with the ethical standards of the Association of Counselor Supervisors and Educators*. Presented at the Mid-South Educational Research Association Conference, Biloxi, MS.

Invited Presentations:

- Beals, G. (Pending June, 2014). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Hattiesburg, MS. All day session.
- Beals, G. (December, 2013). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Jackson, MS. All day session.
- Beals, G. (June, 2013). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Jackson, MS. All day session.
- Beals, G. (December, 2012). *Two-day workshop: Family systems and structural family counseling*. For Mississippi Healthy Homes, Mississippi Department of Human Services and Grace Christian Counseling Center.
- Beals, G. (December, 2012). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Jackson, MS. All day session.

Beals, G., Ethridge, L., & Frazier, W. (November, 2012). *An interactive discussion of current and rising ethical issues for counselors*. 3 hour Preconference Workshop on behalf of the Mississippi Licensed Professional Counselor Association for Mississippi Counseling Association, Biloxi, MS.

Beals, G. (March 2012). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Hattiesburg, MS. All day session.

Beals, G., Ethridge, L., & Frazier, W. (November, 2011). *An interactive discussion of models of ethical decision making*. 3 hour Preconference Workshop on behalf of the Mississippi Licensed Professional Counselor Association for Mississippi Counseling Association, Biloxi, MS.

Beals, G. (November 2010). *The supervisory relationship issues and cultural diversity in supervision*. For the Mississippi Licensed Professional Counselor Association Counselor Supervision Training. Hattiesburg, MS. All day session.

Grants Awarded

Internal:

2009 Faculty Development Funds to go to Nashville, TN for the American Society of Clinical Hypnosis Scientific Symposium. This resulted in the development and enhancement of a Clinical Hypnosis class for DSU. \$1400.00

2010 Faculty Development Funds to go to Williamsburg, VA for the Southern Association of Counselor Educators and Supervisors. From this grant I returned with a professional behaviors rubric to be adopted by our program. \$1200.00

2010 Dulce Grant to purchase scheduling and project management software for our lab. \$500.00

2012 Dulce Grant to purchase diversity videos for Counselor Education Program. \$2500.00

External:

Frasier, W. & Beals, G. (2012). *Grace Christian Counseling Center's Family Counseling Program for Healthy Homes*. Grant from the Mississippi Department of Human Services, Healthy Homes Mississippi via Patient Protection and Affordable Care Act 2012. Awarded: \$250,000 for creating in-home family counseling services to adolescent mothers.

Beals, G. (2001) 2011 Health Resources and Services Administration – Bureau of Health Professions. *Tuition and stipend support for disadvantaged students*. Awarded \$176,500. Expected renewal for 2012-13 academic years.

Barnes, M., McNichols, C., & Beals, G. (2011). Baxter Foundation Grant to establish a play therapy counseling lab and community services at Delta State University. Awarded \$90,000.

University Committees

Delta State University

Institutional Review Board since Fall 2010
Research Committee since Fall 2010
NCATE Faculty Standards since Fall 2009
Counselor Education Curriculum Committee since Fall 2009
NCATE Graduate Assessments Committee
Faculty Sponsor for the Delta State Gay/Straight Alliance

University of Alabama at Birmingham

UAB Benevolent Fund Committee
Subcommittees: Fund Distribution and Membership

Professional Organizations:

Chi Sigma Iota

Current Advisor for Delta State's Chapter

Mississippi Counseling Association and Divisions

Licensed Professional Counselors

Spiritual, Ethical, and Religious Values in Counseling

Counselor Education and Supervision – *Past President*

Delta Region Counseling – *Current Co-President*

American Counseling Association and Divisions

Association for Counselor Education and Supervision

Association for Gay, Lesbian, Bisexual Issues in Counseling

Association for Spiritual, Ethical, and Religious Values in Counseling

Association for Specialist in Group Work

Counselors for Social Justice

Association for Assessment in Counseling and Education

American Mental Health Counselors Association

EMDR International Association

American Society for Clinical Hypnosis

The Association for the Development of the Person-Centered Approach

Community Service

Facilitator for New Orleans Men's Center Fall Retreat, October 2008

Facilitator for New Orleans Men's Center Spring Retreat, April 2009
Facilitator for New Orleans Men's Center Spring Retreat, April 2013
Facilitator for New Orleans Men's Center Fall Retreat, October 2013
Staff for Mankind Project -- New Warriors Training Adventure Weekends
 May 2008 – New Orleans
 November 2008 – Memphis
 December 2008 – New Orleans
 April 2009 – Memphis
 October 2009 – Memphis
 December 2010 – New Orleans

Special Trainings:

Primary Certification Training in RET (REBT) with Albert Ellis
Counseling clients with dual diagnoses (substance abuse and serious mental illness)
Critical incident stress debriefing
American Red Cross Disaster Mental Health Services
Solution-focused brief therapy
Counseling the problem and compulsive gambler
Sexual addictions counseling
Counseling with hypnosis
Life and executive coaching
Integrative Breath Therapy including: Reichian structures, breath work, voice dialogue, psychodrama and other experiential and bioenergetic techniques.
Eye Movement Desensitization Reprocessing Therapy (EMDR)
Strategic Family Therapy (Five day training with Elaine Bebro)