**Ensley Applewhite Howell**

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###### Education

* Post-graduate online courses, Arizona State University:

NTR 598 Nutrition for Eating Disorders

NTR 551 Geriatric Nutrition

* Doctor of Philosophy, Educational Leadership, The University of Mississippi
* Master of Science, Wellness, with minors in Exercise Physiology and Counseling,

The University of Mississippi

* Bachelor of Science, Dietetics, The University of Mississippi

###### Professional Status

* Registered Dietitian – Academy of Nutrition and Dietetics - Registration number 573132
* Licensed Dietitian – Mississippi State Board of Health - License number D0120

**Professional Employment Experience**

**Director of Coordinated Program in Nutrition and Dietetics**

**2018 to Present Associate Professor of Family and Consumer Sciences cv**

**2012-2018 Assistant Professor of Family and Consumer Sciences**

**Delta State University, Cleveland, MS**

* Direct the Coordinated Undergraduate Program in Dietetics
* Responsible for meeting Accreditation Council for Education in Nutrition and Dietetics (ACEND) accreditation requirements
* Submit annual reports to ACEND
* Maintain current contracts and initiate new contracts with preceptors
* Provide guidance for preceptors working with interns
* Prepare class submission reports to the Commission on Dietetic Registration (CDR)
* Prepare student verification statements
* Coordinate rotations for the Supervised Practice courses
* Teach courses in Family and Consumer Sciences
* Advise new and current students on course selections and sequence
* Faculty Advisor for the Student Dietetic Association
* Supervise student interns in the Nutrition Counseling Center which serves the Cleveland community, DSU faculty/staff, and student athletes
* Coordinate student volunteers for area community health fairs, career fairs, and fund-raising events
* Represent the Coordinated Program and the Division of Family and Consumer Sciences at student recruitment events
* Organize workshops for preceptors, alumni, and dietetic interns

**1997-2012 School Meals Specialist, Institute of Child Nutrition,**

**University of Mississippi, University, MS**

* Coordinated, developed, managed budgets, and executed cooperative agreements, grants, and external contract projects such as training manuals
* Wrote and conducted face-to-face trainings at national and state conferences
* Coordinated and facilitated working groups and task force meetings
* Coordinated development, filming, editing, and publishing of video productions
* Preceptor for dietetic interns/graduate students
* Supervised practicum for undergraduate students
* Served in leadership capacity on national committees representing USDA and the general accepted views of the scientific communities
* Applied federal and state regulations identified in *OMB Circulars* and University policies and procedures
* Participated in strategic planning activities
* Participated in United States Department of Agriculture training such as School Meals Initiative (SMI) and Coordinated Review Effort (CRE)
* Researched and relayed information to clients nationwide regarding any topic related to Child Nutrition Programs through the Information Services/Technology Transfer Division, Customer Help Desk
* Presented workshops at Child Nutrition Institute, state, and national conferences
* Coordinated preparation and presentation of webinars
* Prepared quarterly and completion reports for projects
* Worked at Child Nutrition Institute exhibit booth at state and national conferences
* Served on numerous search committees

**1994-1997 Clinical Dietitian, North Mississippi Regional Center (NMRC),**

**Oxford, MS**

* Participated in Individualized Education Plan (IEP) team meetings
* Completed nutrition assessments
* Charted nutrition progress notes
* Provided in-service training for nutrition services staff, cottage staff, and Tupelo and Fulton community home staff
* Developed and presented orientation training related to nutrition services to all new NMRC employees
* Advised staff on special dietary needs of clients
* Served as preceptor for nutrition services staff enrolled in the Dietary Manager’s program
* Supervised practicum undergraduate students
* Assisted with special events

**1990-1994 Consultant Dietitian, Valley Innovative Management Services,**

**Jackson, MS**

* Clinical dietitian and management relief at various hospital and nursing home accounts
* Completed nutrition assessments and progress notes
* Counseled inpatients and outpatients on special diets
* Conducted in-service training
* Developed quality assurance audits
* Prepared monthly consultant reports for administrators
* Worked with Dietary Managers and facility staff to meet State Board of Health, Joint Commission, and OBRA requirements
* Assisted with special events

**1980-1990 Director of Food Services/Clinical Dietitian, Pontotoc Hospital and Nursing Home (Valley Innovative Management Services) Pontotoc, MS**

* Responsible for operating the department within budget
* Scheduled, hired, and supervised employees
* Charted on hospital and nursing home patients
* Instructed patients on special diets
* Conducted in-service training for staff
* Interacted with local, state, and federal surveyors
* Attended various meetings – department head, safety/security,

long-term care, acute care, infection control, and swing bed

* Public relations work with hospital auxiliary, schools, and civic clubs
* Served as preceptor for staff taking the Dietary Manager’s course
* Purchased food, supplies, and equipment
* Maintained employee personnel records
* Submitted weekly profit/loss management reports
* Coordinated catering for special events
* Balanced cafeteria cash registers and petty cash
* Served as liaison between administrator and corporate office
* Awarded “Outstanding Manager” in the Healthcare Division by Valley Management, first quarter 1985

**Professional Development**

* Academy of Nutrition and Dietetics Accreditation Council for Education in Nutrition and Dietetics (ACEND) Program Reviewer Workshop, July 29-30, 2016; Chicago, IL
* Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo; (2014 - Atlanta, GA; 2012 - Philadelphia, PA; 2010 - Boston, MA; 2009 - Denver, CO; 2007 - Philadelphia, PA; 2005 - St. Louis, MO; 2004 - Anaheim, CA)
* Mississippi Academy of Nutrition and Dietetics Annual Conference; (March 2016 – Hattiesburg, MS; March 2013 - Oxford, MS)
* Nutrition and Dietetic Educators and Preceptors (NDEP), Area meeting: February 2013; May 2015
* School Nutrition Association, Annual National Conference, (July 2012 - Denver, CO)
* Friesen, Kaye, and Associates, Instructional Systems Design (2008)
* Dimensions of Leadership, Elliott Leadership Institute, (2004)

Topics included:

* Change Agent
* Communication Champion
* Diversity and Inclusion, Mentor Talent and Team Developer
* Integrity Centered Leadership
* Trail Blazing (Mapping your way to places)
* Survival Skills (Avoiding the most hazardous traps and pitfalls facing

leaders)

* Fire Building (Motivating people to bring out their best)
* Certificate of Training in Childhood and Adolescent Weight Management, American Dietetic Association, Commission on Dietetic Registration, (2004)
* Certified Life Style Counselor in Stress and Weight Management, The Learn Institute/The Cooper Institute for Aerobics Research, Dallas, TX, (1995)
* Selected as a participant in Leadership Pontotoc County, through the Pontotoc County Chamber of Commerce (January 1989 to May 1990)

**Professional Memberships**

* The Academy of Nutrition and Dietetics
* Nutrition and Dietetic Educators and Preceptors (NDEP) practice group of the Academy of Nutrition and Dietetics
* Mississippi Academy of Nutrition and Dietetics
* Northeast Mississippi District Dietetic Association
* Northwest Mississippi District Dietetic Association
* Gamma Beta Phi Honor Society

**Committees/Panels**

* NFSMI liaison for the National School Nutrition Association, *Nutrition Committee*, 1999 to 2003 and 2008 to 2010
* Participated in the Centers for Disease Control and Prevention, *Expert Panel and USDA Work Group on Managing Food Allergies in Schools*; Alexandria, VA; February 10-12, 2009
* Participated in the National Food Service Management Institute, Applied Research Division, *Expert Panel: Special Needs in Schools* *to Identify Barriers, Resources, and Training Needed*; Hattiesburg, MS; September 18-19, 2007. Members of this panel later served as reviewers for the resource, *Special Food and Nutrition Needs of Children: Current Issues and Training Needed by School Nutrition Professionals,* published in 2008
* Represented NFSMI at USDA-sponsored meeting, *Introducing New Foods to Young Children,* Alexandria, VA; May 22-23, 2000

**Teaching Experience**

* 2012 - Present: Delta State University**.** Courses taught:
  + FCS 494 Family and Consumer Sciences Philosophy and Issues
  + FCS 492 Special Topics in Family and Consumer Sciences
  + FCS 480 Senior Seminar in Dietetics (Career Development, Medical Terminology, and Preparation for the RD Examination)
  + FCS 479 Clinical Nutrition Supervised Practice
  + FCS 478 Foodservice Management Supervised Practice
  + FCS 477 Community Nutrition Supervised Practice
  + FCS 466 Medical Nutrition Therapy II
  + FCS 465 Medical Nutrition Therapy I
  + FCS 460 Management in Dietetics
  + FCS 447 Professional/Career Development
  + FCS 446 Nutrition Education
  + FCS 355 Community Nutrition
  + FCS 350 Introduction to Nutrition Assessment and Counseling
* Fall 2011: Guest Lecturer, University of Mississippi, NHM 311- Nutrition; *Nutrition and Health Promotion for Older Americans*
* Spring 2010: Guest Lecturer, University of Mississippi, English/Writing 101; *Development, Writing, and Graphic Design Process for NFSMI Training Materials*
* Fall 2009: Guest Lecturer, University of Mississippi, English 250-Applied Writing; *Development, Writing, and Graphic Design Process for NFSMI Training Materials*

**Publications/Papers**

* Howell, E. A. & Craven, J. S. (2017). *Undergraduate Interns Perspective as Participants of a Peer-to-Peer Mentoring Program in Nutrition and Dietetics.*  Paper submitted to MSERA.
* Academy of Nutrition and Dietetics (n.d.). Coding and Billing draft documents. Served as a reviewer, June 2014.
* [*McPherson, D., Howell, E., & Craven, J. S. (2013).  The “Art of Living Smart” Summer Camp Survey Results in Mississippi Delta Students Ages 6-13*, The Delta Journal of Education, 52-61](http://www.deltastate.edu/PDFFiles/DJE/Craven%20et%20al%20Article-AOLS-Final-4-13.pdf).
* Howell, E. (2011). *Professional Preparation of Secondary Health Education Teachers in Mississippi.* (Doctoral dissertation).
* American Dietetic Association (2010). Reviewer for the Position Paper: Providing Nutrition Services for Infants, Children, Adolescents and Adults with Developmental Disabilities and Special Health Care Needs. *Journal of the American Dietetic Association, 110* (2), 296-306.
* National Food Service Management Institute (2007). Reviewer/Project Coordinator for 2006 Breakfast Lunch Training Module, *Meeting Children’s Special Food and Nutrition Needs in Child Nutrition Programs.* University, MS: Author.
* Howell, E. (2007). Meeting the Special Needs of Children. *NFSMI Update,* Vol. 12.
* National Food Service Management Institute (2006). Reviewer/Project Coordinator for *Handbook for Children with Special Food and Nutrition Needs.* University, MS: Author.
* National Food Service Management Institute (2005). Reviewer/Project Coordinator for *HACCP implementation in K-12 schools.* University, MS: Author.
* Howell, E. (2004). *Swallowing Fact Sheet for Child Nutrition Professionals.* University, MS: National Food Service Management Institute.
* National Food Service Management Institute (2003). Reviewer/Project Coordinator for *Focus on the customer: Building a customer-focused child nutrition program.* University, MS: Author.
* Howell, E. (2003). *Allergy Fact Sheet for Child Nutrition Professionals.* University, MS: National Food Service Management Institute.
* Howell, E. (2003). *Lactose Intolerance Fact Sheet.* University, MS: National Food Service Management Institute.
* Howell, E. (2003). *Diabetes Fact Sheet for Child Nutrition Professionals.* University, MS: National Food Service Management Institute.
* National Food Service Management Institute (2001). Reviewer/Project Coordinator for *Dietary guidelines for Americans: 2001 breakfast lunch training.* University, MS: Author.
* Howell, E. (2001). Special Needs Care for the Young Child. *Mealtime Memo for Childcare.* Vol. 6. University, MS: National Food Service Management Institute.

**Accreditation Reports**

* Delta State University Coordinated Program in Dietetics, *Response to the Accreditation Council for Education in Nutrition and Dietetics Letter of February 12, 2016,* submitted to ACEND April 6, 2016.
* Delta State University Coordinated Program in Dietetics, *Response to the Accreditation Council for Education in Nutrition and Dietetics Letter of July 10, 2015,* submitted to ACEND September 18, 2015.
* Delta State University Coordinated Program in Dietetics, *Pass Rate Response Report for Accreditation with the Accreditation Council for Education in Nutrition and Dietetics (ACEND)* submitted to ACEND April 7, 2015.
* Delta State University Coordinated Program in Dietetics, *Accreditation Site Visit Response for Accreditation with the Accreditation Council for Education in Nutrition and Dietetics (ACEND)* submitted to ACEND February 4, 2015.
* Lead Author: Delta State University Coordinated Program in Dietetics, Self-study for Accreditation with the Accreditation Council for Education in Nutrition and Dietetics (ACEND) submitted to ACEND August 24, 2014.

**Book Chapters and Book Reviews**

* Howell, E. A., Reviewer for *Community nutrition in action: An entrepreneurial approach* (7th ed.)by M. Boyle. Cengage Learning.
* Howell, E. A., Serving children with special health care needs (Chapter 7). In J. Martin & C. B. Oakley (Eds). *Managing child nutrition programs: Leadership for*

*excellence (*3rd ed.). Tentative publishing date 2018 by Jones and Bartlett Publishers

* Howell, E. A. (2017). Reviewer for *Management Practice in Dietetics* (4th ed.) by N. R. Hudson and P. Booth. Cognella Academic Publishing.

**Presentations**

* Howell, E. (2017, November 9). *Undergraduate interns perspectives as participants of a peer-to-peer mentoring program in nutrition and dietetics.* Presentation to the Mid- South Educational Research Association Annual Meeting, Starkville, MS.
* Craven, J. & Howell, E. (2016, November 3). *Maximizing Publishing Potential with APA Formatting*. Mid-South Educational Research Association Annual Meeting, Mobile, AL; November 3, 2016*.* Co-presented with J. Craven.
* Howell, E. (2015, February 27). *I found it on the internet!: Locating reliable health information and full-Text articles.* Mississippi Association of Family and Consumer Sciences Annual Meeting, Brandon, MS.
* Howell, E. (2014, April). *Healthy eating from the ground up: Incorporating plant-based foods.* Life Help for Seniors, Cleveland, MS;
* Howell, E. (2014, March). *Healthy eating from the ground up: Incorporating plant-based foods.* Christian Women’s Job Corp, Cleveland, MS;
* Howell, E. (2013, November). *Professional preparation of secondary health education teachers in Mississippi.* The Mid-South Educational Research Association, Annual Meeting, Pensacola, FL.
* Howell, E. & Craven J. (2013, November). *The art of living smart camp participant food knowledge and preferences.* The Mid-South Educational Research Association, Annual Meeting, Pensacola, FL.
* Howell, E. (2013, October). *Basic nutrition for families on a budget*. Christian Women’s Job Corp, Cleveland, MS.
* Howell, E. (2013, October). *Healthy eating, from the ground up: Incorporating plant- based foods.*  Church of Christ, Teen Mentoring Program, Ruleville, MS.
* Howell, E. (2012, July). *Following a gluten-free diet: Practical help for school nutrition employees.* School Nutrition Association, Annual National Conference, Denver, CO.
* Howell, E. (2011, October). *Professional Preparation of Secondary Health Education Teachers in Mississippi.* National Evaluation Institute Consortium for Research on Educational Accountability and Teacher Evaluation (CREATE), University of Mississippi.
* Howell, E. (2011, July). *Working with local schools: You can make a difference.* Society of Nutrition Education, Kansas City, Missouri.

**Poster Sessions**

* Howell, E. (2012, October). *Review of the nutrition component in the preparation of secondary health education teachers in Mississippi.* Poster session presented at the annual Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, Philadelphia, PA.
* Howell, E. (2007, July). *Special needs nutrition resources for child nutrition*. Poster session presented at the Annual Conference of the School Nutrition Association, Chicago, IL.
* Howell, E. (2003, October). *Developing and implementing self-directed learning for culinary techniques using computer-based instruction*. Poster session presented at the annual Food and Nutrition Conference and Expo of the American Dietetic Association, San Antonio, TX.

**Grants**

* Received “Store Training Grant Program” grant, Produce for Better Health Foundation. $5,000.00. Time frame: January 1 to June 30, 2017
* Applied for OIT Challenge Grant, Delta State University. Proposal submitted for $188.00 to Dr. Nicole House, November 13, 2015
* Received Dulce Faculty Development grant, Delta State University - $500.00, August 2015
* Received Dulce Faculty Development grant, Delta State University - $500.00, August 2014
* Applied for grant as co-investigator with Dr. Jacqueline Craven to the Academy of Nutrition and Dietetics Foundation for the PepsiCo Healthy Lifestyle Innovation Research Grant - $5,000, April 2014
* Received grant with the Academy of Nutrition and Dietetics Kids Eat Right Mini Grant - $200.00, April 2014
* Applied for grant as co-investigator with Dr. Jacqueline Craven to the Cornell Center for Behavioral Economics, January 2014
* Received grant with the Academy of Nutrition and Dietetics Kids Eat Right Mini Grant - $200.00, September 2013
* Received Dulce Faculty Development grant, Delta State University - $500.00, August 2013

**Service Activities**

* Program Reviewer, Accreditation Council for Education in Nutrition and Dietetics (ACEND), 2016 to Present
* Delta State University Program Director, Coordinated Program in Nutrition and Dietetics
* Delta State University Faculty Advisor, Student Dietetic Association
* Delta State University Family and Consumer Sciences Advisory Council
* Delta State University Academic Advisor for Nutrition and Dietetics/Food and Nutrition Management majors
* Delta State University Health and Wellness Committee, Member 2012-2013; 2014-2015; 2015-2016
* Delta State University Dissertation Committees, College of Education and Human Sciences
  + 2014 – Carla Rodgers
  + 2014 – Shannon Lamb
  + 2015 – Kenneth Pulley
  + 2017 – Tracey Gregory
* Delta State University Jack Winton Gunn Scholarship Committee – Spring 2014
* CORE after school program, Bell Academy, Boyle, MS – Spring 2014
* Organized workshops offering Academy of Nutrition and Dietetics – approved continuing professional education units for preceptors, alumni, and interns for the Delta State University, Coordinated Program in Nutrition and Dietetics:
  + Spring 2013 – *Developing a Business Plan/Enteral and Parenteral Nutrition*
  + Fall 2013 -  *Sustainability/Update on Nutrition and Dietetics Education*
  + Spring 2014 – *From Idea to Open: An Entrepreneur’s Workshop*
  + Fall 2014 – *Business Skills*/*Accreditation Update*
  + Spring 2015 – *Pediatric Nutrition/Accreditation Update*
  + Spring 2016 – *Code of Ethics/Grassroots Advocacy: The Power to Impact Public Policy/ DSU Coordinated Program Update*
  + Spring 2017- *Essential Business Knowledge: How to Stand Out in the Marketplace/DSU Coordinated Program Update*