

Subject Guide to Family & Consumer Sciences

Browsing the Family & Consumer Sciences Collection

The Library of Congress call numbers for family and consumer sciences are listed below. In the event that you do not find what you are looking for by simply browsing, please consult the library's online catalog.

HQ503-1064	The family, marriage, home	TX1-1110	Home economics
HQ755.7-759.92	Parents, parenthood	TX301-339	The house
HQ767.8-792.2	Children, child development	TX341-641	Nutrition, foods
GT500-2370	Costumes	TX642-840	Cookery
QP1-345	Physiology, general	TX851-885	Dining-room service
TS1300-1865	Textile industries	TX901-946.5	Hospitality industry
TT490-695	Clothing manufacture, dressmaking		

Selected Reference Books

General

- 📖 **Encyclopedia of Family Life** [HQ534.E53 1999 Ref, 5 volumes] – over 400 entries on all aspects of families in the United States and Canada, from “Abandonment of the Family” to “Zero Population Growth Movement.” Each entry ranges from 1 to 10 pages in length and is accompanied by several black and white photographs.
- 📖 **International Encyclopedia of Marriage and Family** [HQ9 .E52 2003 Ref, 4 volumes] – over 300 entries related to marriage and family life across the world on topics from “Abortion” to “Zambia.”

Child Development

- 📖 **Encyclopedia of Human Development** [HM626 .E53 2006 Ref] – contains ~650 entries with overviews and explanations on the major topics in human development.
- 📖 **Encyclopedia of Parenting Theory & Research** [HQ755.8 .E523 1999 Ref] – 244 signed entries on all aspects of parenting. Each entry ranges from 1 to 2 pages in length and includes references.
- 📖 **Gale Encyclopedia of Childhood and Adolescence** [HQ772 .G27 1998 Ref] – 1 to 4 page entries covering all aspects of child development.
- 📖 **Thesaurus of ERIC Descriptors** [Ready Reference Z695.1 .E3 T49 2001 ref] – a list of controlled vocabulary (subject headings) used to describe and index articles, books, reports, etc. contained in the ERIC (Educational Resources Information Center).

Clothing, Textiles & Fashion Merchandising

- 📖 **All About Cotton: A Fabric Dictionary & Swatchbook** [TS1582 .P37 1998 Ref] – offers 40 swatch samples and detailed descriptions of cotton fabrics, fiber properties, finishes and care instructions.
- 📖 **All About Silk: A Fabric Dictionary & Swatchbook** [TS1665 .P37 1992Ref] – provides 32 swatch samples of silk and describes its types, characteristics, and special effects. Care instructions and a glossary are also included.
- 📖 **All About Wool: A Fabric Dictionary & Swatchbook** [TS1625 .P37 1996 Ref] – everything you need to know about wool. Offers detailed descriptions and 35 swatch samples, plus a glossary of terms.
- 📖 **Contemporary Fashion** [TT505 .A1 C66 2002 Ref] – over 350 entries on fashion designers or fashion houses since 1945. Each entry has a brief biography, a bibliography and a signed encyclopedic entry, accompanied by black and white photographs.
- 📖 **Encyclopedia of Clothing and Fashion** [GT507 .E53 2005 Ref, 3 vols.] – contains 640 essays on specific topics related to clothing and fashion. Most entries include cross-references and source bibliographies.
- 📖 **Greenwood Encyclopedia of Clothing Through World History** [GT507 .G74 2008 Ref, 3 vols.] – traces the evolution of clothing throughout world cultures from prehistory to the present.

- 📖 **Greenwood Encyclopedia of Daily Life** [GT31 .G74 2004 Ref, 6 vols.] – contains a wealth of information on the domestic, economic, intellectual, material, political, recreational, and religious life of people worldwide from ancient times to the modern era.
- 📖 **Historical Dictionary of the Fashion Industry** [TT494 .S84 2008 Ref] – a reference for fashion and the industries and professionals who create it. Includes a chronology and appendices for fashion magazines, trade associations, museums and top fashion schools among other topics.
- 📖 **Real Resumes for Retailing, Modeling, Fashion & Beauty Jobs** [HF5383 .R3959 2002 ref] – gives advice for finding a job in the fashion industry and provides 80 examples of actual resumes.

Food & Nutrition

- 📖 **Bowes & Church's Food Values of Portions Commonly Used** [TX551 .P385 2010 Ref] – provides authoritative data on the nutritional value of foods in a quick and easy reference. Also includes many Supplemental Tables for other substances i.e., caffeine, dietary fiber, and vitamins. Additionally, it provides a cross-reference for the common name of plants and the scientific name.
- 📖 **CRC Desk Reference for Nutrition** [QP141 .B523 2006 Ref] – a comprehensive reference for medical, food science, metabolic, physiologic, drug and nutrition terms. Also covered are drugs used to manage nutrition-related conditions. Two appendices contain information about meal planning and food selection, and a variety of metabolic maps.
- 📖 **Encyclopedia of Foods: A Guide to Healthy Nutrition** [TX 349 .E475 2002 Ref] – contains nutritional information, descriptions of food, and meal plans.
- 📖 **Encyclopedia of Human Nutrition** [QP141 .E526 2005 Ref, 4 volumes] – signed entries on all aspects of nutrition, ranging from 3 to 10 pages in length, accompanied by suggestions for further reading.
- 📖 **Encyclopedia of Vitamins, Minerals, and Supplements** [QP771 .E53 2004 Ref] – a plain language reference on vitamins, minerals and food substances. Also includes eleven appendices with information on the Food Pyramid, government acts and reports related to improving the nation's health, i.e. *Healthy People 2010*.
- 📖 **Food Safety Sourcebook** [TX531 .F5685 1999 Ref] – basic consumer health information about the safe handling of meat, poultry, seafood, eggs, fruit juices, and other food items. Also contains facts about pesticides, drinking water, food safety overseas, and the onset, duration, and symptoms of food-borne illnesses.
- 📖 **Healthy People 2010: Understanding and Improving Health** [RA445 .U486 2001 Ref] – The U.S. Government's initiative for a healthier citizenry. Provides statistics, as well as guidelines for improving the health status of Americans.

Selected Databases

We do not have a database that focuses primarily on family and consumer sciences. However, depending on the topic, try one of the following.

General

- 📖 **Academic Search Premier** [EBSCOhost] ^{Off-Campus Full-Text} – covers all academic disciplines.
- 📖 **MasterFile Premier** [EBSCOhost] ^{Off-Campus Full-Text} – covers all disciplines, with more general-interest magazines than journals.

Child Development

- 📖 **ERIC Educational Resource Information Center** (1966-present) [EBSCOhost] ^{Off-Campus Full-Text} – database for education composed of CIJE (Current Index to Journals in Education) & RIE (Resources in Education).

Food & Nutrition

- 📖 **AGRICOLA** [EBSCOhost] ^{Off-Campus Full-Text} Compiled by the U.S. National Agricultural Library (NAL), this comprehensive source of bibliographic information consists of over 4.3 million citations to journal articles, monographs, theses, patents, software, audio-visual materials, and technical reports. The records describe publications and resources encompassing all aspects of agriculture and allied disciplines including food and nutrition.
- 📖 **CINAHL with Full Text** [EBSCOhost] ^{Off-Campus Full-Text} – includes 62 journals on nutrition and nutrition education
- 📖 **Health Source: Nursing/Academic Text** [EBSCOhost] ^{Off-Campus Full-Text} – includes 45 journals on nutrition.
- 📖 **MEDLINE** (1966-present) [EBSCOhost] ^{Off-Campus} – covers all aspects of medicine, as well as microbiology, nutrition, pharmacology, and environmental health.

Selected Web Sites

General

- ⌚ **American Association of Family and Consumer Sciences** [<http://www.aafcs.org/>] – contains a host of resources pertinent to Family and Consumer Sciences such as a job bank, public policy issues, certification information, awards and grants, meetings and events, and a listing of colleges and universities.
- ⌚ **Internet Resources for Family & Consumer Science** – list of selected resources for Family & Consumer Sciences programs. Compiled by the University of Idaho Library <http://libguides.uidaho.edu/FCS?hs=a>

Child Development

- ⌚ **National Institute of Child Health & Human Development** [<http://www.nichd.nih.gov/>] - information about NICHD divisions and laboratories, research, clinical trials, and publications. Offers access to news releases, statistics, employment, and fellowship opportunities.
- ⌚ **National Network for Childcare** [<http://www.nncc.org>] links to hundreds of articles and resources for early childhood education. Created by NNCC, part of the U.S. Department of Agriculture and various participating land grant universities.

Clothing, Textiles & Fashion Merchandising

- ⌚ **Fashion Net** [<http://www.fashion.net>] - Offers information related to fashion, beauty, modeling, health, and fitness. Provides access to related magazines, online shopping areas, modeling and fashion show information, and fashion designers. Contains information on job listings and a classified section. Links to related directories, publications, schools, and software.
- Internet Resources for Fashion & Costume** – a list of selected Web sites, e-zines and discussion lists about fashion and costumes, with detailed descriptions of the resources. Compiled by Monica Fusich, Reference Librarian at California State University, Fresno. [<http://libguides.csufresno.edu/content.php?pid=133955&sid=1149038>]

Food & Nutrition

- ⌚ **Food & Nutrition Information Center** [<http://www.nal.usda.gov/fnic/>]– dietary guides, selected Web sites, articles, and publications prepared by the Food and Nutrition Information Center. Compiled by the USDA Food and Nutrition Information Center and the University of Maryland Department of Nutrition and Food Science.
- ⌚ **Center for Nutrition Policy and Promotion** [<http://www.cnpp.usda.gov/>] – contains dietary guidelines for Americans, MyPyramid food guidance system, healthy eating index, U.S. food plans, nutrient content of the U.S. food supply, and expenditures on children by families.
- ⌚ **MedlinePlus** [<http://MedlinePlus.gov>] - Medical information aimed at consumers provided in both English and Spanish

The Spanish version of MedlinePlus can be accessed via a link from the MedlinePlus.gov site or directly at <http://medlineplus.gov/spanish/>

Both sites provide interactive tutorials on numerous medical subjects with accommodations for low vision and low literacy. Additionally this site provides links to online information from government and non-profit organizations on a wide variety of illnesses and diseases. Both sites include a medical encyclopedia and medical dictionary.

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