Subject Guide to HPER and Athletic Training

Browsing the HPER and Athletic Training Collection

The call number headings for books relating to HPER (Health, Physical Education, and Recreation) and Athletic Training are listed below. In the event that you do not find what you are looking for by simply browsing, please consult the online catalog.

GV1-1860  Recreation. Leisure  GV1203-1220.8  Children’s games and amusements
GV201-555  Physical education and training  GV1221-1469.63  Indoor games and amusements
GV346-351.5  School and college athletics  GV1580-1799.4  Dancing
GV460-555  Gymnastics  RC1200-1245  Sports medicine
GV557-1198.995  Sports  RD1-811  Surgery
GV711  Coaching  RD792-811  Physical rehabilitation
GV1199-1570  Games and amusements  QP1-981  Physiology

Selected Reference Books

HPER (Health, Physical Education, and Recreation)

- Encyclopedia of Exercise, Sport and Health [GV567 .B78 2004 Ref] – provides over 1,500 entries from abdominal injury to zinc and includes diagnoses, treatments, and illustrations.
- Encyclopedia of Play [GV11 .E555 2009, vols. 1-2 Ref] – Features contributions from international academics and independent scholars. This resource examines the various individual and social functions of play throughout the world and the many types of games, toys, sports, and entertainment activities humans engage in as informal recreation.

Athletic Training

- Sports Injuries Sourcebook [RD97 .S736 2007 Ref] – Provides basic consumer health information about common sports injuries, a glossary of related terms and a directory of resources for additional help and information.
- Sports Medicine [RC1210 .M495 2007 Ref] – Provides the groundwork for sports medicine and the science, legality and ethics involved. Additional sections details career options for graduates in this field and a list of references and resources.

Selected Databases

HPER and Athletic Training

Academic Search Premier [EBSCOhost] Off-Campus Full-Text – a multidisciplinary database that provides articles from core journals relating to health, physical education, recreation, dance, athletic training and sports medicine.
CINAHL - Cumulative Index to Nursing & Allied Health Literature with Full Text (1982-present) [EBSCOhost] Off-Campus – provides access to virtually all English-language nursing journals, publications from the American Nurses’ Association and the National League for Nursing, and journals from 17 allied health disciplines. The database also covers consumer health, health sciences librarianship, chiropractic, and health services administration literature. CINAHL is designed specifically to meet the needs of nurses and allied health professionals.

Health Source: Nursing/Academic Edition [EBSCOhost] Off-Campus Full-Text – provides nearly 540 scholarly full text journals focusing on many medical disciplines. Also featured are abstracts and indexing for over 570 journals. This product offering also includes USP Pharmacopoeia DI: Volume II Advice for the Lay Patient and Stedman's Medical Dictionary - providing users with access to terminology of genetics, oncology, pediatrics, pulmonology, emergency medicine, bacteriology, and laboratory medicine.

Medline [EBSCOhost] Off-Campus – covers all aspects of medicine including sports medicine, fitness, nutrition, exercise, and health.

Natural & Alternative Treatments [EBSCOhost] Off-Campus Full-Text – Covers complementary and alternative medicine, with over 200 articles on medical conditions, evidenced-based information on herbs and supplements and offers comprehensive information on drug/herb/supplement interactions

SportDiscus [EBSCOhost] Off-Campus – covers sports medicine, exercise physiology, coaching, physical education, and facilities and equipment.

Selected Web Sites

HPER (Health, Physical Education, and Recreation)

AAHPERD – American Alliance for Health, Physical Education, Recreation & Dance [http://www.aahperd.org/] – provides information and news about six professional associations within the field and offers resources such as an update of current issues, a job search, and a guide to graduate school.

American Council on Exercise (ACE) [http://www.acefitness.org/] – an informative web site that addresses major aspects of exercise and the profession. The site provides statistical information, certification requirements, a career center, and continuing education advice and guidance.

PE Central: The Premier Web Site for Health and Physical Education Teachers [http://www.pecentral.org/] - contains valuable resources such as lesson plans, activities and games for children, professional information, and links to other related web sites.


World Anti-Doping Agency (WADA) – Maintains a list of prohibited substances for use by athletes, as well as anti-doping compliance and reporting standards. [http://www.wada-ama.org].

Athletic Training

National Athletic Trainers’ Association [http://www.nata.org] – provides information for future and current athletic trainers which include news and legislative updates, continuing education opportunities, and a career center.

American College of Sports Medicine [http://www.acsm.org/] – a comprehensive web site for collegiate sports medicine programs. Offers a wealth of resources such as a section for hot topics and public information.

Board of Certification for the Athletic Trainer [http://www.bocac.org/] – provides important information to become a certified athletic trainer including information about the AT profession, certification requirements and standards, exam information, and continuing education programs.

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