

## Subject Guide to HPER and Athletic Training

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### Browsing the HPER and Athletic Training Collection

The call number headings for books relating to HPER (Health, Physical Education, and Recreation) and Athletic Training are listed below. In the event that you do not find what you are looking for by simply browsing, please consult the online catalog.

GV1-1860	Recreation. Leisure	GV1203-1220.8	Children's games and amusements
GV201-555	Physical education and training	GV1221-1469.63	Indoor games and amusements
GV346-351.5	School and college athletics	GV1580-1799.4	Dancing
GV460-555	Gymnastics	RC1200-1245	Sports medicine
GV557-1198.995	Sports	RD1-811	Surgery
GV711	Coaching	RD792-811	Physical rehabilitation
GV1199-1570	Games and amusements	QP1-981	Physiology

### Selected Reference Books

*HPER (Health, Physical Education, and Recreation)*

- 📖 **The Book of Rules** [GV731 .B56 1998 Ref] – provides rules and illustrations for 30 popular sports and games.
- 📖 **Encyclopedia of Exercise, Sport and Health** [GV567 .B78 2004 Ref] – provides over 1,500 entries from abdominal injury to zinc and includes diagnoses, treatments, and illustrations.
- 📖 **Encyclopedia of Sports Science** [GV558 .E53 1997 vols. 1-2 Ref] – volume one provides 29 detailed entries about sports. Volume two provides 17 major entries about the body.

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- 📖 **The 5-Minute Sports Medicine Consult** [RC1211 .A145 2001 Ref] – describes over 200 sports injuries. Most entries include basic information about the condition, diagnosis, acute treatment, long-term treatment, and common questions and answers.
- 📖 **Sports Injuries Sourcebook** [RD97 .S736 2007 Ref] – Provides basic consumer health information about common sports injuries, a glossary of related terms and a directory of resources for additional help and information.
- 📖 **Sports Medicine** [RC1210 .M495 2007 Ref] – Provides the groundwork for sports medicine and the science, legality and ethics involved. Additional sections details career options for graduates in this field and a list of references and resources.

### Selected Databases

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- 📖 **Academic Search Premier** [EBSCOhost] <sup>Off-Campus Full-Text</sup> – a multidisciplinary database that provides articles from core journals relating to health, physical education, recreation, dance, athletic training and sports medicine.
- 📖 **CINAHL - Cumulative Index to Nursing & Allied Health Literature with Full Text** (1982-present) [EBSCOhost] <sup>Off-Campus</sup> – provides access to virtually all English-language nursing journals, publications from the American Nurses' Association and the National League for Nursing, and journals from 17 allied health disciplines. The database also covers consumer health, health sciences librarianship, chiropractic, and health services administration literature. CINAHL is designed specifically to meet the needs of nurses and allied health professionals.
- 📖 **Health Source: Nursing/Academic Edition** [EBSCOhost] <sup>Off-Campus Full-Text</sup> – provides nearly 540 scholarly full text journals focusing on many medical disciplines. Also featured are abstracts and indexing for over 570 journals. This

product offering also includes USP Pharmacopoeia DI: Volume II Advice for the Lay Patient and Stedman's Medical Dictionary - providing users with access to terminology of genetics, oncology, pediatrics, pulmonology, emergency medicine, bacteriology, and laboratory medicine.

- ☐ **Medline** [EBSCOhost] <sup>Off-Campus</sup> – covers all aspects of medicine including sports medicine, fitness, nutrition, exercise, and health.
- ☐ **Natural & Alternative Treatments** [EBSCOhost] <sup>Off-Campus Full-Text</sup> – Covers complementary and alternative medicine, with over 200 articles on medical conditions, evidenced-based information on herbs and supplements and offers comprehensive information on drug/herb/supplement interactions
- ☐ **SportDiscus** [EBSCOhost] <sup>Off-Campus</sup> – covers sports medicine, exercise physiology, coaching, physical education, and facilities and equipment.

## Selected Web Sites

### *HPER (Health, Physical Education, and Recreation)*

- ☞ **AAHPERD – American Alliance for Health, Physical Education, Recreation & Dance** [ <http://www.aahperd.org/> ] – provides information and news about six professional associations within the field and offers resources such as an update of current issues, a job search, and a guide to graduate school.
- ☞ **American Council on Exercise (ACE)** [ <http://www.acefitness.org/> ] – an informative web site that addresses major aspects of exercise and the profession. The site provides statistical information, certification requirements, a career center, and continuing education advice and guidance.
- ☞ **PE Central: The Premier Web Site for Health and Physical Education Teachers** [ <http://www.pecentral.org/> ] - contains valuable resources such as lesson plans, activities and games for children, professional information, and links to other related web sites.
- ☞ **Sports Research** – presents a list of key web sites for sports research at the national and international level. Created by Donald G. Frank and published in *College & Research Libraries News*, May 2007. [ <http://www.ala.org/ala/mgrps/divs/acrl/publications/crlnews/2007/may/sportsresearch.cfm> ]
- ☞ **World Anti-Doping Agency (WADA)** – Maintains a list of prohibited substances for use by athletes, as well as anti-doping compliance and reporting standards. [ <http://www.wada-ama.org> ].

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- ☞ **National Athletic Trainers' Association** [ <http://www.nata.org> ] – provides information for future and current athletic trainers which include news and legislative updates, continuing education opportunities, and a career center.
- ☞ **American College of Sports Medicine** [ <http://www.acsm.org/> ] – a comprehensive web site for collegiate sports medicine programs. Offers a wealth of resources such as a section for hot topics and public information.
- ☞ **Board of Certification for the Athletic Trainer** [ <http://www.bocatc.org/> ] – provides important information to become a certified athletic trainer including information about the AT profession, certification requirements and standards, exam information, and continuing education programs.