

STUDENT HANDBOOK

DIVISION OF FAMILY & CONSUMER SCIENCES

2013-14



**COLLEGE OF EDUCATION
AND HUMAN SCIENCES**

CLEVELAND, MS 38733

TABLE OF CONTENTS

Introduction	1
Major Areas of Study	1
Advisors	1
Dropping and Adding a Class	1
Internship	1
Student Associations	2
Portfolio Requirements	4
Assignments	4
Exit Interview	5
Calendar	5
Suggested Course Sequence for Child Development	6
Suggested Course Sequence for Nutrition/Dietetics	7
Suggested Course Sequence for Fashion Merchandising	8

INTRODUCTION

Welcome to the Division of Family & Consumer Sciences. This is a guide for you to use during your time in the Division. This guide will answer a number of questions you might have throughout your semesters at Delta State University. **The catalog under which you entered is your official guide; this is supplementary information.**

MAJOR AREAS OF STUDY

The Division of Family & Consumer Sciences offers the following degrees:

- Bachelor of Science in Family & Consumer Sciences with concentrations in:
- Child Development
- Fashion Merchandising
- Nutrition/Dietetics

Concentration in Child Development requires that students select an appropriate minor to assist them in attaining their career goals.

Concentration in Fashion Merchandising requires a double minor in Business Administration and a minor emphasis in Art.

ADVISORS

The Division Chair assigns advisors. Generally faculty members advise students concentrating in the area in which they teach. Students should contact their advisors at least once each semester when planning classes to take the next term. More contacts may be beneficial and are encouraged. Students should confer with their advisors for signatures on registration, pre-registration, and drop and add forms.

DROPPING AND ADDING A CLASS

When necessary to drop or add a class, a student needs to see her/his advisor to complete a drop or add form. Students should schedule appointments to discuss a change before requesting a signature. The advisor will need to make a notation in the student's folder of the drop or add; therefore, the individual's advisor needs to be seen, rather than another faculty member. The Division Chair and College Dean also must sign drop/add forms. The student needs to leave a message for the advisor to contact her/him regarding the need to drop or add a class. An appointment usually can be scheduled by the next day. Planning ahead and being professional is essential as a student and later in the professional world.

INTERNSHIP

Internships are required for each major. In Nutrition/Dietetics, this experience is referred to as Supervised Practice. Specific information and requirements for the other concentrations are specified in the *Internship Manual: Division of Family & Consumer Sciences*. Students in Child Development will intern in the DSU Child Development Center. Students in Fashion Merchandising are responsible for researching possible internships. This would involve correspondence with and/or visits to these possible sites. Students should consult their advisor. An application must be completed two semesters prior to completing their internship experience. A faculty committee reviews the application. This committee ultimately approves the internship placement. A contract is then signed with the agency, business, or program.

Specific objectives are established for internships. The interns will communicate with their advisors weekly.

Credit given for the FCS 488 Internship is based upon the amount of hours worked by the student. Students receiving 3 hours credit must work 200 hours; those receiving 6 hours credit must work 400 hours.

The Coordinated Program in Dietetics requires a minimum of 1200 clock hours in a variety of settings. These supervised practice experiences lead to the acquisition of skills and knowledge that meet or exceed the competency level expected of entry-level dietitians. Approximately 1200 hours are completed over three to four semesters for a total of 20 credit hours.

STUDENT ASSOCIATIONS

Membership in student associations is encouraged. Membership will increase contact with faculty, as well as other professionals throughout the state. Membership is also essential to help qualify a student for awards or scholarships offered within the Division.

Currently, three student associations are sponsored by faculty in FCS:
Student Association of Family & Consumer Sciences (SAFCS)
Kappa Omicron Nu (KONu) Honor Society
Student Dietetic Association (SDA)

In addition, students are encouraged to become student members of the Mississippi Association of Family & Consumer Sciences. Students admitted to the Coordinated Program in Dietetics are required to become associate members of the Academy of Nutrition and Dietetics (A.N.D.).

Professional certification is available through the American Association of Family & Consumers Sciences. Students should consider achieving this credential. To acquire the CFCS Credentials, one makes application, pays a fee and takes an examination administered at various sites around the nation. Completion of the process enables a professional to use the designation CFCS after their name.

Student Association of Family & Consumer Sciences

The Delta State Student Association of Family & Consumer Sciences (SAFCS) is established so that Family & Consumer Sciences majors can contribute fully to the growth and promotion of Family & Consumer Sciences and add to their own professional growth. College students who are interested in professional careers in Family & Consumer Sciences can be involved in programs and experiences that will provide an opportunity for:

1. An introduction into the profession of Family & Consumer Sciences
2. The development of professional attitudes and competencies
3. The application of classroom experiences
4. An involvement with the program of the American Association of Family & Consumer Sciences and the Mississippi Association of Family & Consumer Sciences.

To become a member of SAFCS at Delta State University a student must be an undergraduate student enrolled in a Family & Consumer Sciences program leading to a baccalaureate degree or be a student with a minor in Family & Consumer Sciences.

American Association of Family & Consumer Sciences

The American Association of Family & Consumer Sciences (AAFCS) is a national professional association. Membership in this Association provides membership in the state affiliate, the Mississippi Association of Family & Consumer Sciences (MAFCS). Being a member of the student association discussed above is a first step. Student membership in AAFCS is available and encouraged. Information is available on the AAFCS Website.

Academy of Nutrition and Dietetics (A.N.D.)

Students admitted to the Coordinated Program in Dietetics are required to become associate members of the Academy of Nutrition and Dietetics. The annual student membership fee is \$50.00. Student members receive monthly issues of the *Journal of the Academy of Nutrition and Dietetics* and the *Student Scoop*, published five times per year. In addition, student members may hold appointed positions at the national and state levels as designated by the House of Delegates of A.N.D., and may vote in state and national elections.

Two other credentials are options for students who concentrate in nutrition and dietetics and complete the coordinated program in dietetics. These credentials indicate professional expertise. The RD (Registered Dietitian) is a professional designation granted by the Commission on Dietetic Registration after completion of the Registration Examination for Dietitians. A second credential, LD (Licensed Dietitian), will need to be obtained in those states that require licensure. Mississippi is a state that requires dietitians to be licensed. This credential can be obtained in Mississippi after passing the Registration Examination for Dietitians and paying the fee for licensure.

Kappa Omicron Nu

Kappa Omicron Nu is a national honor society for Family and Consumer Sciences. The mission of Kappa Omicron Nu is to empower leaders through scholarship, research, and leadership. This mission enables the organization and chapters to prepare scholars and researchers in the 21st century. Kappa Omicron Nu provides not only recognition and honor, but also lifelong opportunities for networking, personal growth, and professional growth through education and service. Membership identifies one throughout life as one who has a distinguished academic record and potential as a professional. An invitation to membership is extended to students who exemplify the high ideals of Kappa Omicron Nu and who meet the requirements of eligibility. There is an initiation fee.

To be eligible for membership, a student must:

- have declared a major in Family and Consumer Sciences
- have completed 45 semester hours or the equivalent, with at least 23 hours in residence at Delta State University
- have earned a minimum of 3.0 GPA on a 4.0 scale
- rank in the top 25 percent of their class
- be recommended by the faculty

Membership in Kappa Omicron Nu provides access to:

- scholarships, fellowships, and grants
- internship scholarships
- a national network of colleagues
- participation in a learning community
- newsletters and a refereed scholarly journal
- local and national leadership opportunities
- publication opportunities
- preference for federal jobs

PORTFOLIO REQUIREMENTS

Each student in the Division will be required to complete a portfolio. A portfolio is a tool to market an individual professionally. It is a vehicle to organize and to present selected accomplishments of an individual seeking a professional position. It is a focused presentation of university and professional achievements. The purpose of a professional portfolio is to provide evidence of organizational ability and writing skills. The portfolio also displays documents, selected experiences, and accomplishments including, but not limited to projects, reports, internships and work experiences completed during college and professional career.

ASSIGNMENTS

All assignments required by the Division of Family & Consumer Sciences are to be completed using a word processing program on a computer. These assignments need to be saved electronically until graduation and used in developing the portfolio.

EXIT INTERVIEW

Each student majoring in an area of Family & Consumer Sciences is required to do an exit interview before graduation. This should be done the last semester at Delta State University and is coordinated by the student's advisor and the Division Chair. This is an opportunity to review your experience at Delta State University.

TENTATIVE CALENDAR

- September -** Attend Welcome Back Cookout
Verify/Complete Personal Data Update
Submit Application for Graduation, if planning to graduate in December.
- October -** Attend possible SAFCS Meeting
- November -** Attend SAFCS Christmas Party
Schedule appointment with advisor and complete pre-registration for Spring
Prepare admission form and teacher/faculty recommendation forms for admission into Internship Program two semesters later
- December -** If graduating, schedule exit interview with Division Chair and faculty member
- January -** Verify/Complete Personal Data Update

- February -** Attend SAFCS Meeting
Submit application(s) for scholarship(s)
Submit application for Graduation, if planning to graduate in May (a year later) and summer (a year later)
- April -** Attend possible SAFCS Meeting- Election/Appointment of Officers
Schedule appointment with advisor and complete pre-registration for summer and fall
Prepare admission form and teacher/faculty recommendation forms for admission into Internship program two semesters later
Honorees attend Honors Reception
- April/May -** If graduating, schedule exit interview with Division Chair and faculty member

**RECOMMENDED COURSE SEQUENCE
B.S. IN FAMILY AND CONSUMER SCIENCES
CONCENTRATION: CHILD DEVELOPMENT**

FRESHMAN YEAR

<u>Fall</u>	<u>Hrs.</u>	<u>Comp.</u>	<u>Spring</u>	<u>Hrs.</u>	<u>Comp.</u>
ENG 101 English Comp	3	_____	ENG 102 or 103 English Comp	3	_____
History 100 or 200 level	3	_____	History 100 or 200 level	3	_____
Fine Arts: ART 101, 212, 401, 402 MUS 114,115	3	_____	Lab Science	3	_____
FCS 150 Concepts of the Family System I (F)	3	_____	FCS 151 Concepts of the Family System II (S)	3	_____
BIO 110 Biology & Human Concerns	3 15	_____	MAT 103 or 104	3	_____
			Elective or minor req.	2-3	_____
				17-18	

SOPHOMORE YEAR

PSY 101 Gen. Psy.	3	_____	Perspectives on Society *	3	_____
CIS 205	3	_____	English Lit	3	_____
English Lit.	3	_____	FCS 330 Infant Dev. (Pre: FCS 326 or equiv.)	3	_____
FCS 326 Child Dev.	3	_____	Elective or minor req.	3	_____
COM 101 Fund. Speech	3	_____	HSE 244 First Aid/CPR	3	_____
CSP 340 Survey of Exc. Child	3 18	_____		3 15	_____

JUNIOR YEAR

FCS 312 Meals	3	_____	FCS 270 Ind/Family Dev. (S)	3	_____
FCS 328 Education for Parenthood (Pre: FCS 326)	3	_____	FCS 377 Methods and Mat. (Pre: FCS 326) (S)	3	_____
Perspectives on Society *	3	_____	Elective or minor req.	3	_____
FCS 325 Marriage & Family Living & Sex Ed (Pre: FCS 326) (F)	3	_____			
ENG 300 or 301	1-3	_____	Elective or minor req.	4-9	_____
Elective or minor req.	3 16-18	_____		13-18	_____

SENIOR YEAR

FCS 378 Principles & Proc.	3	_____	FCS 444 Child Nut. (S)	3	_____
Elective or minor req.	3	_____	FCS 476 Practicum in Child Development Admin. (Pre: FCS 330, 377) (S)	3	_____
CEL 314 Early Literacy Instruction	3	_____	FCS 447 Prof. Dev.	3	_____
FCS 494 Philosophy & Issues (F)	1	_____	FCS 488 Internship	3-6	_____
Elective or minor req.	3 13	_____		12-15	_____

Students select an appropriate minor to assist them in attaining their career goals

Key: F = offered Fall semester only S = offered Spring semester only Pre = Prerequisite

*Perspectives on Society: ANT 101, ECO 210, 211, GEO 201, 303, PHI 201, PSC 103, 201, SOC 101

Academic Minor: _____ Electives (To total 124 hrs.)

Required Courses	Grade		Grade
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Name _____ Expect to Graduate _____

Catalog Year _____ Advisor Jan Haynes

Recommended Course Sequence					
B.S. in Family and Consumer Sciences					
Concentration: Fashion Merchandising					
<u>FRESHMAN YEAR</u>					
<u>Fall</u>	<u>Hrs.</u>	<u>Comp.</u>	<u>Spring</u>	<u>Hrs.</u>	
ENG 101 English Comp	3	_____	ENG 102 English Comp	3	_____
History	3	_____	History	3	_____
Science	3	_____	Lab Science	3	_____
Fine Art: ART 101 Intro to Art	3	_____	MAT 103 or 104	3	_____
FCS 150 Family System I	<u>3</u>	_____	FCS 151 Family System II	<u>3</u>	_____
	15			15	
					Lab
<u>SOPHOMORE YEAR</u>					
Lit Elect	3	_____	Lit Elect	3	_____
ECO 210 Macro Eco.	3	_____	ECO 211 Micro Eco.	3	_____
ART (122, 150, 159, 175, 176, 230, or 406)	3	_____	SPE 101 Fund of Speech	3	_____
PSY 101 General PSY	3	_____	FCS 311 Apparel Analysis (S)	3	_____
FCS 244 Dress Identity	3	_____	ART (122, 150, 158, 159, 175, 176, 230, or 406)	<u>3</u>	_____
FCS 246 Fashion Industry	<u>3</u>	_____		15	
	18				
<u>JUNIOR YEAR</u>					
ACC 220 Fin. Acct. I	3	_____	ART (122, 150, 158, 159, 175, 176, 230, or 406)	3	_____
MKT 300 Prin. Mkt. (Pre: ECO 210 or 211)	3	_____	FCS 320 Hist. Cost. (S)	3	_____
FCS 310 Textiles (F)	3	_____	MKT 321 Salesmanship (Pre: MKT 300)	3	_____
CIS 205 Microcomp. App.	3	_____	FCS 314 Int. Env. Des. (S)	3	_____
FCS 340 Consumers	3	_____	MKT 320 Mer. Plan (S) (Pre: MKT 300)	3	_____
ENG 300 or 301	<u>1-3</u>	_____	FCS or MKT elect	<u>3</u>	_____
	16-18			18	
<u>SENIOR YEAR</u>					
MKT 328 Retail Mgt. (Pre: MKT 300)	3	_____	FCS 488 Internship	3-6	_____
FCS 494 Philosophy (F)	1	_____	FCS 485 Fash. Mer. (S) (Pre: FCS 311, MKT 320)	3	_____
FCS 484 Fash. Pro. (F)	3	_____	FCS 447 Prof. Dev.	3	_____
CIS 235 Microcomp. App. II	3	_____	Elective	<u>1-2</u>	_____
MGT 300 Prin. of Mgt. or MGT 327 Per. Mgt.	3	_____		11-13	
Elective	<u>3</u>	_____			
	16				

Major includes a minor in Business Administration and a minor emphasis in Art

Key: F=offered Fall semester only
S=offered Spring semester only
Pre = Prerequisite

Electives	Grade		Grade
_____	_____	_____	_____
_____	_____	_____	_____

Name: _____ Expected to Graduate: _____

Student ID: _____ Advisor: _____

DSU Catalog: 2013-2014

**BACHELOR OF SCIENCE DEGREE
FAMILY AND CONSUMER SCIENCES
CONCENTRATION IN NUTRITION AND DIETETICS
RECOMMENDED COURSE SEQUENCE**

NOTE: All students must apply for the Coordinated Program in Dietetics during the spring semester of the sophomore year. The deadline for applications is **January 15**. Only students accepted into the program will be allowed to enroll in FSC 350: Introduction to the Coordinated Program in Dietetics.

YEAR ONE						
Fall Semester	Hrs	Grade		Spring Semester	Hrs	Grade
ENG 101 English Composition	3	_____		ENG 102 English Composition	3	_____
CHE 101/103 Gen Chemistry I	5	_____		CHE 102/104 Gen Chemistry II	5	_____
PSY 101 Gen. Psychology	3	_____		HIS 100/200 History	3	_____
COM 101 Funds. of Speech	3	_____		CIS 205 Micro. Computer Application	3	_____
Mat 104 College Algebra	3	_____		SOC 101 Intro to Sociology	3	_____
Total hours	17			Total hours	17	
YEAR TWO						
ENG 203 English Literature	3	_____		ENG 204 English Literature	3	_____
BIO 100 General Biology	3	_____		BIO 229/231 Human A&P	4	_____
ACC 220 Financial Accounting	3	_____		HIS 100/200 History	3	_____
FCS 150 Concepts Family System I	3	_____		ECO 210/211 Economics	3	_____
FCS 345 General Nutrition	3	_____		FCS 102 Food Preparation	3	_____
Fine Arts	3	_____		ENG 300 or 301	3	_____
Total hours	18			Total hours	16	
YEAR THREE						
CHE 215/216 Sur. Organic Chemistry	4	_____		FCS 360 Quantity Foods**	3	_____
MAT 300 Statistics	3	_____		FCS 355 Community Nutrition	3	_____
MGT 300 Principles of Management	3	_____		FCS 462 Lifecycle Nutrition	3	_____
FCS 306 Experimental Foods	3	_____		FCS 465 Medical Nutrition Therapy I	4	_____
FCS 350 Intro to CP in Dietetics*++	3	_____		CHE 325/326 Biochemistry	3	_____
Total hours	17			Total hours	16	
YEAR FOUR						
BIO 217 Microbiology	4	_____		FCS 343 Nutrition & Phys. Fitness**	3	_____
FCS 460 Management in Dietetics	3	_____		FCS 422 Methods & Materials	3	_____
FCS 466 Medical Nutrition Therapy II	4	_____		FCS 468 Nutrition Research	3	_____
FCS 477 Sup. Practice Community	6	_____		FCS 478 Sup. Practice Food Service	5	_____
FCS 494 Philosophy & Issues	1	_____				
Total hours	18			Total hours	14	
YEAR FIVE						
FCS 479 Sup. Practice Clinical	9	_____		KEY		
FCS 480 Senior Seminar in Dietetics	3	_____		* = only Fall semester	** = only Spring Semester	
Total hours	12			++ = only students accepted in the Coordinated Program will be able to enroll		