

Unit Missions

🏆 CCSHS Mission Statement

Mission statement

The mission of the Counseling and Student Health Center is to enhance the total educational mission of Delta State University by providing psychological and health services to the university community through diagnosis, treatment, referral, counseling, education, and consultation in order to facilitate personal growth, health and the development of well being

Related Items

There are no related items.

Unit Goals

CCSHS 2013_01: Health Modules (Area Priorities)

Start: 7/1/2012

End: 6/30/2013

Unit Goal

Per the Blue Cross/Blue Shield Healthy Campus survey recommendations, we will increase freshmen knowledge on 3 of the top rated health issues reported on campus. Stress, Nutrition, Activity.

Evaluation Procedures

3 online modules will be developed in partnership with the College of Education's Healthy Campus/Community Initiative to address the health issues of Stress, Nutrition and Physical Activity. These 3 interactive web modules will be delivered as a requirement for participation in GST-100.

Actual Results of Evaluation

265 out of 330 students took at least one of the five tests available in the three modules.
239 took the Nutrition Pre-test with a group average of 32.51 out of a possible 50
233 took the Nutrition Post-test with a group average of 38.66 out of a possible 50
That leads to a 6.15 point increase or 18.91% improvement.


233 took the Activity Pre-test with a group average of 65.66 out of a possible 100
228 took the Activity Post-test with a group average of 74.25 out of a possible 100
That leads to a 8.59 point increase or 13.08% improvement.

174 took the Stress test with 100 possible points broken down into three stress domains
Home stress percentages were Significant Distress = 2.29%, Moderate Distress = 75.80%,
Healthy Stress = 21.80%
Work stress percentages were Significant Distress = 2.87%, Moderate Distress = 64.36%,
Healthy Stress = 32.75%
Social stress percentages were Significant Distress = 2.87%, Moderate Distress = 59.15%,
Health Stress = 37.93%
Freshmen distress is perceived as coming significantly from within the home.

Use of Evaluation Results

Since there was an increase from pretest to post-test results for the three modules, it appears the web modules are an effective way to convey health information. However, the return rates for the overall GST-100 population suggests a need to increase engagement with the modules. Freshmen had to be reminded numerous times to complete the three modules which they as a group were slow to do. A significant number waited until the due date to complete the tests. Many obviously took the tests through the assessment button in Blackboard without even viewing the modules. The Stress module was an assignment which many failed to complete since you had to go to the module to gain access to the test.

Related Items

 **SP1.Ind09: Extracurricular, Leadership, Organization activities**

 **SP5.Ind08: Area Priorities (Delta, IHL, or state)**

 **SP5: Improve the quality of life for all constituents**

Section IV.a

Brief Description

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

Mission: The mission of the Counseling and Student Health Center is to enhance the total Educational mission of Delta State University by providing psychological and health services to the university community through diagnosis, treatment, referral, counseling, education, and consultation in order to facilitate personal growth, health and the development of well being.

Section IV.b

Comparative data

Enrollment, CHP, majors, graduation rates, expenditures, trends, etc.

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section IV.c

Diversity Compliance Initiatives and Progress

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

Hired an African American female as the GLS grant Coordinator.

Section IV.d

Economic Development Initiatives and Progress

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section IV.e

Grants, Contracts, Partnerships, Other Accomplishments

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

Funding was awarded from the Substance Abuse and Mental Health Services Administration for the Garrett Lee Smith (GLS) Campus Suicide Prevention Grant. This project is being funded for up to three years at a level of \$87,762 per year.

Section IV.f

Service Learning Data

List of projects, number of students involved, total service learning hours, number of classes, faculty involved, accomplishments.

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section IV.g

Strategic Plan Data

Only use this section if you have strategic plan info to report that is not covered in other areas of your report

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section IV.h

Committees Reporting To Unit

Each unit includes in the annual plan and report a list of the committees whose work impacts that unit or any other aspect of the university; along with the list will be a notation documenting the repository location of the committee files and records. Committee actions affecting the unit's goals may be noted in other applicable sections of the annual reports. Not required to be included in the unit's annual plan and report, but required to be maintained in the repository location, will be a committee file that includes, for each committee: Mission and by-laws, Membership, Process, Minutes.

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section V.a

Faculty (Accomplishments)

Noteworthy activities and accomplishments

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

Dr. Houston taught a section of PSY-302 Abnormal Psychology in the Fall and Spring of 2012-2013
Paula King taught a section of PSY- Personality Theories in the Fall and Spring of 2012-2013
Both Dr. Houston and Ms. King were certified as QPR Suicide Prevention Gatekeeper Instructors.
Dr. Houston and Ms. King presented on QPR suicide prevention at the Fred Woodall Spring Conference 2013

Section V.b

Staff (Accomplishments)

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

The following are the accomplishments of the Counseling Center and Student Health Services staff.

Counseling Center

New clients - 146

Counseling appointments - 696

Supervision for Counselor Education Program - 21 students for 126 hours

Supervision of Clinical Observations - 0 hours

Athlete referrals –6

Psych referrals – 8

Referred to Bonita - 14

Referred to MD/Hospital - 6

TFA - 4

National Testing

LSAT - 4 - 25 students

MAT - 5 students

CLEP – 4 students

CAAP – 7 - 110 students

Praxis - 6 - 491 students

ACT - 5 - 865 students

ACTR - 4 - 54 students

Student Health

Students seen – 2990

Employees seen – 422

Visitors – 1312

Sent to clinic – 162

Flu shots – 170

TFA – 30

Sports Medicine - 768

Cholesterol screening - 160

Section V.c

Administrators (accomplishments)

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

American Disabilities Act Coordinator

32 formal requests for accommodations,
1 faculty orientation on ADA regulations, 12 attended
8 faculty requested consultations on specific accommodation situations

Delta Discovery Program

Recruited 38 volunteer mentors, tracked and evaluated every section
19 sections of GST-100, 300 freshmen enrolled
4 individual presentations on study skills
6 presentations and tours of Student Health

Educational/Psychological Consultation

Educational presentations - 11
Off-Campus educational presentations - 3
Residence Hall programs - 4
Extra Committee Projects - 3
Consulted by coaches for all sports teams
Responded to 6 after hour emergency calls

Section V.d

Position(s) requested/replaced with justification

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

We are requesting the addition of one Counselor level person to assist with the Garrett Lee Smith Grant for the minimum of the grant duration which is three years.

Section V.e

Recommended Change(s) of Status

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

N/A

Section VI.a

Changes Made in the Past Year

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

Katrina Taylor was hired as Mental Health Grant Coordinator.

Section VI.b

Recommended Changes for the Coming Year

Judgment

Meets Standards Does Not Meet Standards Not Applicable

Narrative

We will need to add one Counselor to fulfill the Garrett Lee Smith Grant requirements and bring DSU closer to compliance with recommended counselor student ratio.