Directions: Write an opinion statement about the topic below. Use the internet, informational books, an encyclopedia, and/or any additional resources to research the topic looking for facts about it if needed. Write two statements that are facts that support your opinion statement. Also, write three details that support your opinion statement. Combine your opinion, facts and details into a well-written, cohesive paragraph.

Topic: Healthy Living: Nutrition and Exercise

Opinion Statement:

Fact:

Fact:

Detail:

Detail:

Detail:

Paragraph: