Sacagawea

From 1804 to 1806, Lewis and Clark led explorers on a trip across North America. There was only one woman in the group. Her name was Sacagawea. Without her, the trip might have failed.

Sacagawea was only 17, but she was brave and strong. She carried her baby on her back for the whole trip. When her boat tipped in a big wave, she stayed calm. She saved the supplies that fell in the water.

Sacagawea helped in other ways, too. She found roots and berries for food. She made medicine for men who were ill. She helped Lewis and Clark talk with tribes they met. When the tribes saw a woman and baby, they knew that Lewis and Clark were not warriors.

After many months, the group had to cross high mountains. They needed horses, but they could not get any. Then, they met a band of men. The leader was Sacagawea’s brother. He had not seen her since she was small, and he was very happy to find her again. He agreed to sell his horses to Lewis and Clark.

On the way home, Sacagawea showed the men the trails she had used as a child. With her help, Lewis and Clark completed their trip and returned home safely.
Sacagawea helped the Lewis and Clark expedition to succeed.

She helped the explorers talk with the tribes they met.

She found food and made medicine for the men.

Her brother sold horses to the expedition.
Main Idea:
Sacagawea helped the Lewis and Clark expedition to succeed.

Supporting Details:
She found food and made medicine for the men.
She helped the explorers talk with the tribes they met.
Her brother sold horses to the expedition.