

**BACHELOR OF SCIENCE DEGREE**

**HEALTH, PHYSICAL EDUCATION, & RECREATION/EXERCISE SCIENCE CONCENTRATION (20-21 catalog)**

Total Minimum Degree Requirements 121 hours

NAME \_\_\_\_\_ UA/GA \_\_\_\_\_ GRAD DATE \_\_\_\_\_  
 DSU ID# \_\_\_\_\_ ADVISOR \_\_\_\_\_ BAN \_\_\_\_\_ GPA \_\_\_\_\_  
 Evaluated by \_\_\_\_\_ Date \_\_\_\_\_ DBASE \_\_\_\_\_ HON \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS 38-40**

COURSE	SUB/TR	SEM	HRS	GR
ENG 101 Eng Comp			3	
ENG 102/200 Eng Comp			3	
ENG LIT- ENG 201, 203, 205 or 206			3	
*FINE ARTS			3	
HIS 100/200 level			3	
PHI 201, LIT, HIS or Fine Arts not already taken			3	
MAT 103 Quant Reas, MAT 104 Col Alg,				
MAT 106 Precal, <u>OR</u> MAT 115 Stats			3	
BIO 100 Prin of Bio <u>or</u> BIO 110 Bio/Hum Conc			3-4	
BIO 229 Surv of Human Anatomy & Phys			4	
**Perspectives on Society			3	
**Perspectives on Society			3	
PER 101 Concepts in Physical Educ			1	
PER 100 level Activity Elect			1	
COM 101, 103 or 202			3	

\*One appreciation, history, or intro to art/music or creative writing

\*\* Select one: ECO 210, 211; GEO 201, 303; PSC 103,201

PSY 101; SOC 101

COURSE	SUB/TR	SEM	HRS	GR
University Requirement FYS 100/300			1	

**SPECIAL DEGREE REQUIREMENTS 9**

HSE 140 Per & Comm Health			3	
FCS 343 Nutrition & Phys Fitness <b>OR</b>				
FCS 345 General Nutrition			3	
CIS Elective			3	

**HPER CORE 12**

HSE 244 First Aid & CPR			3	
HSE 253 Intro to Athletic Training			3	
PER 380 Meas & Eval in PE			3	
PER 391 Org/Adm PE & Rec Prog			3	

**EXERCISE SCIENCE 42**

COURSE	SUB/TR	SEM	HRS	GR
HSE 336 Phys of Exercise			3	
HSE 337 Exercise Phys Lab			1	
PER 300 Hist & Phil of Sport & PE			3	
PER 360 Clinical I Exper in Exercise Science			3	
PER 365 Fitness Training Techniques			3	
PER 438 Kinesiology			3	
PER 460 Exercise Testing			3	
PER 461 Exercise Prescription			3	
PER 463 Exercise for Special Populations			3	
PER 464 SR Seminar in Exer Sci			1	
PER 465 Internship in Exercise Science			12	
PER 484 Motor Development/Motor Learning			3	
PER 171 Beg Swim 173 Swim, <u>or</u> 175 Lfg Tr			1	

**ACADEMIC MINOR \_\_\_\_\_ 18-21**


**TRANSFER WORK/NON TRADITIONAL WORK**

SCHL	CR	HA	HP	QP	GPA	

**DATE DSU AVERAGE TO DATE Totals to date**


Updated 4/7/2021