

BACHELOR OF SCIENCE DEGREE

HEALTH, PHYSICAL EDUCATION, & RECREATION/EXERCISE SCIENCE CONCENTRATION (18 catalog)

Total Degree Requirements 121 hours

NAME _____ UA/GA _____ GRAD DATE _____
 DSU ID# _____ ADVISOR _____ BAN _____ GPA _____
 Evaluated by _____ Date _____ DBASE _____ HON _____

GENERAL EDUCATION REQUIREMENTS 38-40

COURSE	SUB/TR	SEM	HRS	GR
ENG 101 Eng Comp			3	
ENG 102/103 Eng Comp			3	
ENG LIT Elect			3	
*FINE ARTS			3	
HIS 100/200 level			3	
PHI 201, LIT, HIS or Fine Arts not already taken			3	
MAT 103 Quant Reas, MAT 104 Col Alg,				
MAT 106 Precal, <u>OR</u> MAT 115 Stats			3	
BIO 100 Prin of Bio <u>or</u> BIO 110 Bio/Hum Conc			3-4	
BIO 229 Surv of Human Anatomy & Phys			4	
**Perspectives on Society			3	
**Perspectives on Society			3	
PER 101 Concepts in Physical Educ			1	
PER 100 level Activity Elect			1	
COM 101, 102 or 202			3	

*Select one art, music, theater appreciation, history, or intro course

** Select one: ANT 101; ECO 210, 211; GEO 201, 303; PSC 103,201
 PSY 101; SOC 101

COURSE	SUB/TR	SEM	HRS	GR
University Requirement FYS 100/300			1	

SPECIAL DEGREE REQUIREMENTS 9

HSE 140 Per & Comm Health			3	
FCS 343 Nutrition & Phys Fitness OR				
FCS 345 General Nutrition			3	
CIS Elective			3	

HPER CORE 12

HSE 244 First Aid & CPR			3	
HSE 253 Intro to Athletic Training			3	
PER 380 Meas & Eval in PE			3	
PER 391 Org/Adm PE & Rec Prog			3	

EXERCISE SCIENCE 42

COURSE	SUB/TR	SEM	HRS	GR
HSE 336 Phys of Exercise			3	
HSE 337 Exercise Phys Lab			1	
PER 300 Hist & Phil of Sport & PE			3	
PER 360 Clinical I Exper in Exercise Science			3	
PER 365 Fitness Training Techniques			3	
PER 438 Kinesiology			3	
PER 460 Exercise Testing			3	
PER 461 Exercise Prescription			3	
PER 463 Exercise for Special Populations			3	
PER 464 SR Seminar in Exer Sci			1	
PER 465 Internship in Exercise Science			12	
PER 484 Motor Development/Motor Learning			3	
PER 171 Beg Swim 173 Swim, <u>or</u> 175 Lfg Tr			1	

ACADEMIC MINOR _____ 18-21

TRANSFER WORK/NON TRADITIONAL WORK

SCHL	CR	HA	HP	QP	GPA	

DATE DSU AVERAGE TO DATE Totals to date

Updated 9/14/18