

PER 601 | Organization & Administration of Sport and Physical Education Programs

Comprehensive Exam Study Guide

Part 1: Philosophy and Administration

- A. Pros and Cons of Administrators
 - 1) Advantages & disadvantages?
 - 2) 4 Types of Administrators?
 - 3) Duties, skills, and qualities of a successful administrator?

Part 2: Management Functions in Physical Education and Sport

- A. Organizational dimensions, structures, theories, and systems.
 - 1) transparency, stakeholders, and sunshine
 - 2) Diversity, empowerment, and vision in leadership
 - 3) Modeling leadership
 - 4) Change and innovation

Part 3: Communication and Motivation in Sport Management & Physical Education

- A. Motivation theories, application of those theories, and motivational strategies.

Part 4: Stress and Burnout

- A. What is stress and burnout,
- B. Type A behaviors,
- C. flight or fight responses,
- D. coping and tackling burnout issues

Part 5: Financial Management in Physical Education and Sport

- A. Objectives of budgets and accounting
- B. Terms associated with budgeting, accounting, and financial systems
- C. Purposes and principles of a budget
- D. Types of budgets
- E. Traditional budgeting process
- F. Steps involved in developing a budget

Example Question: 2. Explain the relationship between stress and teacher, coach, and administrator burnout. Give an example of how each can cope with stress and prevent burnout. Use specific terms and behaviors associated with stress and provide approaches administrators use to address stress.