

FOOD LABELS ANSWER KEY

1. 1/2 cup or 128 grams
2. 120 calories/serving
3. 20 calories from fat
4. 16.6=17% calories from fat
5. 240 calories
6. 1 package or 38 grams
7. 190 calories/serving
8. 80 calories from fat
9. 42.1=42% calories from fat
10. 31.6 or 32 calories per cracker