

Another DSU Health Champion!

I've walked a total of 55 miles in Kent Wyatt since January!

Name: Judy Godbold
Department: Kent Wyatt

Activity: On the B.A.L.L.
(Be Active to Live Longer)

Goal: To walk a combined 700 miles as a group during the Spring 2010 semester

Schedule: Tuesday & Thursday
Contact: 662-846-4043

GET ACTIVE/GET FIT ON CAMPUS

Faculty, staff, and students across campus who wish to become leaders, promoters, and facilitators of physical activity or healthy nutrition will be known as "health champions." Action plan forms can be found in HPER-Wyatt Center and Ewing 367.

DELTA STATE
UNIVERSITY 

Healthy Campus/Community Initiative

IN PARTNERSHIP WITH
Blue Cross & Blue Shield of
Mississippi Foundation
A Subsidiary of Blue Cross & Blue Shield of Mississippi