Faculty, staff, and students across campus who wish to become leaders, promoters, and facilitators of physical activity or healthy nutrition will be known as “health champions.” Action plan forms can be found in HPER-Wyatt Center and Ewing 367.

Another DSU Health Champion!

Name: Judy Godbold
Department: Kent Wyatt
Activity: On the B.A.L.L. (Be Active to Live Longer)
Goal: To walk a combined 700 miles as a group during the Spring 2010 semester
Schedule: Tuesday & Thursday
Contact: 662-846-4043

I've walked a total of 55 miles in Kent Wyatt since January!