Another Health Champion Group!

**GET ACTIVE/GET FIT ON CAMPUS**

Faculty, staff, and students across campus who wish to become leaders, promoters, and facilitators of physical activity or healthy nutrition will be known as “health champions.” Action plan forms can be found in HPER-Wyatt Center and Ewing 367.

**Group:** School of Nursing Junior Class  
**Activity:** Daily/Weekly Wellness contributions to local newspapers  
**Goal:** Increase knowledge of health-seeking behaviors  

**Participants:** 40  
**Contact:** Dr. Catherine Hayes, School of Nursing; 846-4270

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