



Another Health Champion Group!

Group: School of Nursing Junior Class

Activity: Daily/Weekly Wellness contributions to local newspapers

Goal: Increase knowledge of health-seeking behaviors

Participants: 40

Contact: Dr. Catherine Hayes, School of Nursing: 846-4270

GET ACTIVE/GET FIT ON CAMPUS

Faculty, staff, and students across campus who wish to become leaders, promoters, and facilitators of physical activity or healthy nutrition will be known as "health champions." Action plan forms can be found in HPER-Wyatt Center and Ewing 367.

DELTA STATE UNIVERSITY

Healthy Campus/Community Initiative

