

DeltaStateUniversity
College of Education
Division of Family and Consumer Sciences
FCS 151: Concepts of the Family System II
Spring 2013: 12:15 to 1:30 p.m.Tuesdays and Thursdays

Instructor: Virginia S. Webb, Ph.D., R.D.
Office: Ewing 114

E-Mail: vwebb@deltastate.edu
Phone: 662-846-4314

COURSE SYLLABUS

Course Designation

FCS 151. Concepts of the Family System II. Continued focus on the family system with the integration of the additional components of nutrition, design, and apparel within this system. 3 hours credit

The American Association of Family and Consumer Sciences (AAFCS) established accreditation standards for university programs. The standards for accreditation serve as a foundation to establish course content for FCS 151. The most recent (2010) Standard 2 was used in establishing course content.

Standard 2: Instructional Programs, Family and Consumer Sciences Body of Knowledge

The body of knowledge of family and consumer sciences encompasses three critical components: core concepts, integrative elements, and cross-cutting themes.

1. Core Concepts
 - a. Basic human needs
 - b. Individual well-being
 - c. Family strengths
 - d. Community vitality
2. Integrative Elements
 - a. Life course development
 - b. Human ecosystem
3. Cross-cutting Themes
 - a. Capacity building
 - b. Global interdependence
 - c. Resource development and sustainability
 - d. Appropriate use of technology
 - e. Wellness

Course Objectives:

The Student will:

1. Identify career opportunities available in family and consumer sciences.
2. Prepare a career plan.
3. Relate concepts in family systems theory to responsibilities in family and consumer sciences careers.
4. Identify factors that may affect a family's choice of work patterns.

5. Develop a family schedule.
6. Identify roles and responsibilities of group leaders.
7. Distinguish between leadership styles.
8. Identify rights and responsibilities of a citizen.
9. Describe how citizens fit into global interdependence.
10. Develop a weekly and daily plan for managing time.
11. Plan a budget.
12. Recognize guidelines for using credit wisely.
13. Evaluate sources of consumer information.
14. Recognize signs of consumer fraud.
15. Relate savings, investments, and estate planning to family security.
16. Discuss the importance of good nutrition for optimum health and well being.
17. List the primary functions of selected nutrients and identify common food sources of those nutrients.
18. Recognize the relationship of clothing to a culture and how clothing may be used to satisfy basic needs.
19. Describe clothing as related to the self-concept.
20. Identify the physical characteristics of textiles and relate them to clothing and the end use of the item.
21. Evaluate design by use of the knowledge of the elements, principles and supporting qualities of good design.
22. Recognize the practical relationships of design for the individual in the home and community.
23. Identify and describe housing issues that confront households today, including financing housing, diversity of lifestyles, family and role relationships and limitations of space and resources.
24. Identify and describe the various types of housing available.
25. Analyze different modes of transportation.
26. Examine the social regulatory environment.
27. Relate sustainability to individual well-being.

Text

Johnson, L. (2010). *Strengthening family & self*. Tinley Park, IL: Goodheart-Willcox Company, Inc.

Tentative Grade Chart

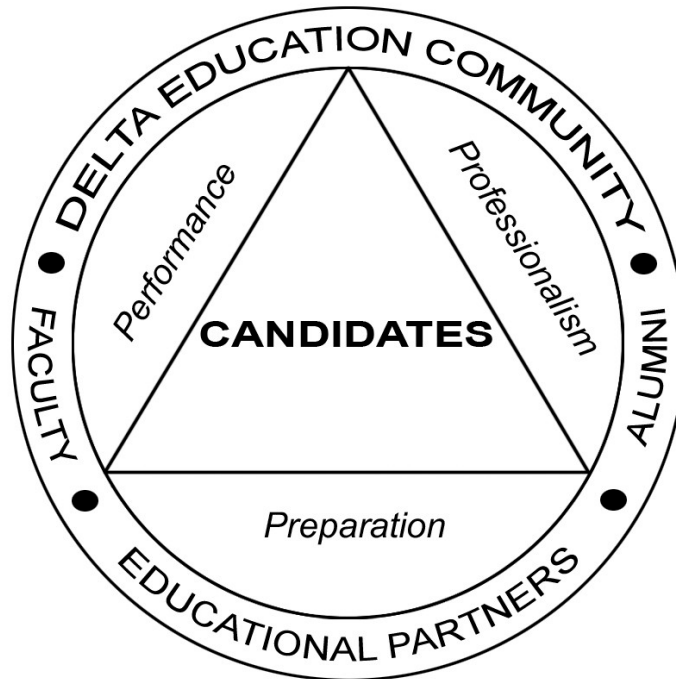
<u>Assignments</u>	<u>Points</u>
Exams (5)	400
Projects	200
Class/Homework	<u>200</u>
Total Possible Points	800

University grading scale

A	94-100
B	84-93
C	75-83
D	65-74
F	below 65

Detailed information on these assignments will be given later. Final grades will be calculated based on an accumulation of points. To determine a percentage grade, divide the number of points earned by the number of points possible. This percentage grade will be converted to a letter grade using the university scale.

Delta State University
College of Education Conceptual Framework
DELTA EDUCATION MODEL



Vision: The Delta State University College of Education promotes a vibrant educational community committed to preparing capable and confident teacher candidates who can positively affect learning outcomes of students in the P-12 school setting. Appropriately illustrated by the Delta triangle, the model reflects teacher candidate development through the triad of preparation, performance and professionalism, supported by the larger Delta educational community (faculty, educational partners, and alumni).

Guiding Principles:

1. **Education is a lifelong endeavor**, requiring an ever-expanding content knowledge base, a repertoire of skills, and a broad experience base. (GP1)
2. **Education is interactive and reflective**, a process that is accomplished through assessment and reflection of a collaborative nature. (GP2)
3. **Education is culturally contextualized**, requiring both an understanding and appreciation of the diversity of all individuals within the learning community. (GP3)
4. **Education is dynamic**, with change being driven by assessment data and the needs of all segments of the educational community. (GP4)
5. **Education is enhanced by technology**, infused throughout programs and services. (GP5)

Attendance Policy

- Class attendance is required and expected. University policy will be followed in determining a student's eligibility to pass the course as related to absences (total of both excused and unexcused absences).
- Three tardies or early departures constitute one absence.
- Excused absences should be cleared with the instructor in advance whenever possible.
- Class participation points will be deducted for each absence. Progressive points will be deducted for multiple absences. This will reduce the potential points for class participation and the maximum grade that a student can receive for the course. One cannot participate in a class if he/she is absent. This course primarily involves participation but may include testing as well.

Policy Statement for Written Assignments

The teaching of writing as a subject matter is the responsibility of the Department of English; however, the Division of Family and Consumer Sciences advocates that evaluations are appropriate for all courses. The Division consequently expects that students will construct writings that are grammatically accurate, appropriately organized, specifically developed and correctly spelled. All written assignments must be completed using appropriate software including word processing; students will be responsible for printing their assignments. Written assignments are to be done individually unless otherwise specified.

General Information

- **Labs or group work cannot be made up. Class attendance is expected and many classes will have activities that contribute to overall grade.**
- No make-up work is allowed for unexcused absences.
- Make-up work will be due within a week of the excused absences unless other arrangements are made in advance. The student is responsible for obtaining all make-up work, handouts and/or notes missed. Assignments are due at the beginning of the class period on the due date. Assignments turned in after that time are late. Points will be deducted from late assignments.
- Blackboard will be used as a supplement to this class. All students must have a blackboard ID. Assignments to be turned in through Blackboard must be turned in by the beginning of the class period for which they are assigned. It is the responsibility of the student to be sure that he/she can access Blackboard before the first assignment is due. Assignments due on Blackboard will only be accepted through Blackboard; students having trouble accessing blackboard may find help through the help desk 24 hour number and are responsible for doing so.
- Communication outside of class will be done through Blackboard e-mail. It is the responsibility of the student to check this e-mail regularly.
- Students should attend to any needs that can be anticipated during the class period **prior to coming to class.**

University Policy on Cheating and Plagiarism

Cheating and plagiarism are not to be tolerated. If it is established beyond a reasonable doubt that a violation has occurred, instructors may determine the penalty, or may report the offense to

the division chair and dean of their school. The usual penalty involves the grade of zero on the test, examination or paper in question. If cheating or plagiarism is suspected, but not established beyond a reasonable doubt, the instructor may require the student to take another test or submit another paper. A second offense by any student should be reported immediately for more stringent action.

Accommodation of Disabilities

It is the responsibility of students who have professionally diagnosed disabilities to notify the instructor so that necessary and/or appropriate modifications can be made to meet any special learning needs.

“DeltaStateUniversity is committed to a policy of equal employment and educational opportunity. DeltaStateUniversity does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, or veteran status. This policy extends to all programs and activities supported by the University.”

Reference List

- Labensky, S. &Hause, A. (2010). *On cooking* (5th edition). Upper Saddle River, New Jersey: Prentice-Hall.
- Largen, V. &Bence, D. (2012). *Guide to good food*. Tinley Park, Illinois: Goodheart-Willcox Company, Inc.
- Lewis, E. & Turner, C. (2000). *Housing decisions*. Tinley Park, Illinois: Goodheart-Willcox Company, Inc.
- McWilliams, M. (2005). *Foods experimental perspectives* (7th edition). Upper Saddle River, New Jersey: Pearson Prentice Hall.

TENTATIVE SCHEDULE FCS 151 Concepts of the Family System II
 Spring 2013 Tuesdays and Thursdays from 12:15 p.m. to 1:30 p.m.

Day	Date	Topic	Textbook Reading
Tuesday	1/8/13	Careers	Chapter 19
Thursday	1/10/13	Balancing Family & Work	Chapter 20
Tuesday	1/15/13	Balancing Family & Work	
Thursday	1/17/13	Community Leadership	Chapter 21
Tuesday	1/22/13	Technology	
Thursday	1/24/13	Exam 1	
Tuesday	1/29/13	Time Management	Chapter 22
Thursday	1/31/13	Time Management	
Tuesday	2/5/13	Money Management	Chapter 23
Thursday	2/7/13	Money Management	
Tuesday	2/12/13	Consumer Protection	Chapter 24
Thursday	2/14/13	Exam 2	
Tuesday	2/19/13	Nutritional Needs	Chapter 25
Thursday	2/21/13	Nutritional Needs	
Tuesday	2/26/13	Health & Wellness	Chapter 26
Thursday	2/28/13	Health & Wellness	
Tuesday	3/5/13	Nutrition & Health	
Thursday	3/7/13	Exam 3	
Tuesday	3/12/13	SPRING BREAK-NO CLASS	
Thursday	3/14/13	SPRING BREAK-NO CLASS	
Tuesday	3/19/13	Project 1	
Thursday	3/21/13	Project 1	(MDA in Oxford, MS)
Tuesday	3/26/13	Clothing	Chapter 27
Thursday	3/28/13	Clothing	
Tuesday	4/2/13	Exam 4	
Thursday	4/4/13	Project 2	
Tuesday	4/9/13	Housing	Chapter 28
Thursday	4/11/13	Housing	
Tuesday	4/16/13	Transportation	Chapter 29
Thursday	4/18/13	Global Environment-Sustainability	Project 2 due
Tuesday	4/23/13	Global Environment-Interdependence	
Thursday	4/25/13	Social Regulatory Environment	
Tuesday	4/30/13	FINAL EXAM at NOON	