

ACADEMIC MAP

2016-17 BS-HPER CONCENTRATION: HEALTH & PHYSICAL EDUCATION



TOTAL 124-130 HRS

*minimum grade required †offered every other year

Freshman (Fall Semester) 16 hrs total

ENG 101	English Composition I	3 credit hrs	Gen. Ed.	D*
HIS 100 LEVEL OR 200 LEVEL	Elective	3 credit hrs	Gen. Ed.	D*
CIS	Elective	3 credit hrs	Spec. Dgr.	C*
PER 101 Level	Activity Elective	1 credit hr	Gen. Ed.	D*

Sophomore (Fall Semester) 14 hrs total

COM 101 OR COM 202	English Literature Elective Public Speaking Interpersonal Comm.	3 credit hrs 3 credit hrs	Gen. Ed.	D* D*
PER 186	Recreational Games	1 credit hr	Major	C*
BIO 110 OR BIO 100	Biology & Human Concerns General Biology	3-4 credit hrs	Spec. Dgr.	C*
HSE 244	Intro. to Athletic Training General Elective	3 credit hrs 1 credit hr	Core Gen. Elect.	C* D*

Junior (Fall Semester) 15 hrs total

PER 323	Leadership in Comm. Rec.	3 credit hrs	Major	C*
HSE 336	Psychology of Exercise	3 credit hrs	Major	C*
PER 314	Tech. & Teach. of Team Sports	3 credit hrs	Major	C*
PER 100 LEVEL	Activity Elective	1 credit hr	Major	C*
	Writing Proficiency Req.	0-3 credit hrs	Gen. Ed.	D*
	Minor Elective	3 credit hrs	Minor	D*
	Minor Elective	3 credit hrs	Minor	D*

Senior (Fall Semester) 13 hrs total

PER 386	Practicum in Elem. Phys. Ed.	3 credit hrs	Major	C*
PER 484	Motor Dev./Motor Learning	1 credit hr	Major	C*
PER 455	Phys. Ed. for the Exep. Child	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*
PER 439	School Health Instruction	3 credit hrs	Major	C*

Freshman (Spring Semester) 16 hrs total

ENG 102 OR ENG 103	English Composition II English Honors	3 credit hrs	Gen. Ed.	D*
HSE 140	Personal & Comm. Health Persp. on Society Elective	3 credit hrs 3 credit hrs	Spec. Dgr.	C* D*
	Humanities & Fine Art Elec.	3 credit hrs	Gen. Ed.	D*
MAT 103 OR MAT 104 OR MAT 106	Quantative Reasoning College Algebra Pre-Calculus	3 credit hrs	Gen. Ed.	D*
PER 100 LEVEL	Activity Elective	1 credit hr	Gen. Ed.	D*

Sophomore (Spring Semester) 15 hrs total

PER 300	His. & Phil. of Sports & Phys. Ed.	3 credit hrs	Major	C*
BIO 229	Survey of Human A & P	4 credit hrs	Spec. Dgr.	C*
PER 101	Concepts of Phys. Ed.	1 credit hr	Gen. Ed.	D*
	Science Elective	3-5 credit hrs	Spec. Dgr.	C*
PER 171 OR PER 173 OR PER 175	Beginning Swimming Advanced Swimming Lifeguard Training	1 credit hr	Major	C*
HSE 253	Intro. to Athletic Training General Elective	3 credit hrs 1 credit hr	Core Gen Elect.	C* D*

Junior (Spring Semester) 19 hrs total

PER 315	Tech. & Teach. of Ind. Sports	3 credit hrs	Major	C*
PER 382	Phys. Ed. in Elem. School	3 credit hrs	Major	C*
PER 438	Kinesiology	3 credit hrs	Major	C*
HSE 445	Consumer Health Minor Elective	3 credit hrs 3 credit hrs	Major Minor	C* D*
PER 391	O & A of HPER Programs	3 credit hrs	Core	C*
PER 383	Techniques of Rythmic Activities for K - 12	1 credit hr	Major	C*

Senior (Spring Semester) 15 hrs total

PER 380	Meas. Eval. in Phys. Ed.	3 credit hrs	Core	C*
FCS 325 OR FCS 343 OR FCS 345	Marriage/Fam.Liv./Sex Ed. Nutrition & Phys. Fitness General Nutrition	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*
	Minor Elective	3 credit hrs	Minor	D*
HSE 460	Drug Use & Abuse	3 credit hrs	Major	C*