

ACADEMIC MAP

2016-17 BS-HYPER CONCENTRATION: EXERCISE SCIENCE WITHOUT A MINOR IN ALLIED HEALTH

TOTAL 124-128 HRS

**minimum grade required †offered every other year*

Freshman (Fall Semester) 16 hrs total

ENG 101	English Composition	3 credit hrs	Gen. Ed.	D*
MAT 103	Quantitative Reasoning	3 credit hrs	Gen. Ed.	D*
OR MAT 104	College Algebra			
OR MAT 106	Pre Calculus			
HIS 100 LEVEL	Elective	3 credit hrs	Gen. Ed.	D*
OR 200 LEVEL				
BIO 110	Bio. & Human Concerns	3-4 credit hrs	Spec. Dgr.	C*
OR 100	General Biology			
HSE 140	Personal & Comm. Health	3 credit hrs	Spec. Dgr.	C*
PER 101	Concepts in Phys. Ed.	1 credit hr	Gen. Ed.	D*

Sophomore (Fall Semester) 17 hrs total

	English Literature Elective	3 credit hrs	Gen. Ed.	D*
	Perspec. on Society Elective	3 credit hrs	Gen. Ed.	D*
	Fine Arts Elective	3 credit hrs	Gen. Ed.	D*
HSE 336	Physiology of Exercise	3 credit hrs	Major	C*
HSE 337	Phys. of Exer. Lab Exper.	1 credit hr	Major	C*
PER 171	Beginning Swimming	1 credit hr	Major	C*
OR PER 173	Advanced Swimming			
OR PER 175	Lifeguard Training			
PER 360	Clinical Exp. in Exer. Sci.	3 credit hrs	Major	C*

Junior (Fall Semester) 15 hrs total

PER 391	O & A of HPER Programs	3 credit hrs	Core	C*
PER 365	Fitness Training Techniques	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*
	Minor Elective	3 credit hrs	Minor	D*
PER 380	Measurement & Eval. in PE	3 credit hrs	Core	C*
	Writing Proficiency Req.	0-3 credit hrs	Gen. Ed.	D*

Senior (Fall Semester) 14 hrs total

PER 484	Motor Dev./Mo. Learning	3 credit hrs	Major	C*
PER 464	Senior Seminar in Exer. Sci.	1 credit hr	Major	C*
PER 460	Exercise Testing	3 credit hrs	Major	C*
PER 461	Exercise Prescription	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*
	General Elective	1 credit hr	Gen. Elect.	D*

Freshman (Spring Semester) 17 hrs total

ENG 102	English Composition II	3 credit hrs	Gen. Ed.	D*
OR ENG 103	English Honors			
BIO 229	Survey of Human A & P	4 credit hrs	Spec. Dgr.	C*
CIS	Elective	3 credit hrs	Spec. Dgr.	C*
COM 101	Public Speaking	3 credit hrs	Gen. Ed.	D*
OR COM 202	Interpersonal Comm.			
PER 100 LEVEL	Activity Elective	1 credit hr	Gen. Ed.	D*
HSE 244	First Aid & CPR	3 credit hrs	Core	C*

Sophomore (Spring Semester) 18 hrs total

	General Elective	3 credit hrs	Gen. Elect.	D*
	Perspective on Soc. Elec.	3 credit hrs	Gen. Ed.	D*
	Hum. & Fine Art Elective	3 credit hrs	Gen. Ed.	D*
	Intro. to Athletic Training	3 credit hrs	Core	C*
	His. & Phil. of Sports & Phys. Ed.	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*

Junior (Spring Semester) 15 hrs total

PER 438	Kinesiology	3 credit hrs	Major	C*
FCS 343	Nutrition & Phys. Fitness	3 credit hrs	Spec. Dgr.	C*
OR FCS 345	General Nutrition			
PER 463	Exer. for Special Pops.	3 credit hrs	Major	C*
	Minor Elective	3 credit hrs	Minor	D*
	Minor Elective	3 credit hrs	Minor	D*

Senior (Spring Semester) 12 hrs total

PER 465	Internship in Exer. Science	12 credit hrs	Major	C*
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