**STUDENT AFFAIRS DIVISION:\_COUNSELING & STUDENT HEALTH**

**ANNUAL REPORT FY 2009-10**

**I. Unit Title: Counseling & Student Health**

**Unit Administrator: Dr. Richard Houston**

**II. Educational Program Learning Outcome Assessment Plan: (Academics)**

N/A

**III. Goals**

**-- For the Current Year 2008-09**

**A. Goal # 1:**

We will combine the Health Center with the Counseling Center, adjusting budget, service hours and scope of service.

**1. Institutional Goal supported by this goal: SP Goal # 4**

DSU will improve and communicate effectively the financial, physical and resource capacities, demonstrating

efficiencies in programs and services.

**2. Evaluation Procedure(s):**

Determine whether the number of students treated in previous year can be adequately covered with a reduction of

budget, staff and service.

**3. Actual Results of Evaluation:**

The goal was to not exceed a 15% total decrease. The actual decrease was 17.7%. The student decrease was 23%.

**4. Uses of Evaluation Results:**

We will have to change our marketing and communication strategies to the campus community to enhance

efficiency and funnel more students to the reduced hours of service. More outreach in Union and Dorms.

**--For Coming Year 2008-09**

1. **Goal # 1:**

We will develop smoking cessation options for students, faculty and staff.

**1. Institutional Goal which was supported by this goal:**

Provide the resources, facilities and physical environment which contribute to the intellectual, cultural, ethical,

physical, and social growth and development of the student and or surrounding community.

**2. Evaluation Procedure(s):**

We will develop smoking cessation telephone resources as well as off campus group resources to address after hour services and recruit and facilitate on campus smoking cessation groups through the Student Health Center. We will track the on campus number of participants.

**3. Expected Results:**

We would hope to establish a minimum of two cohort groups on campus during normal business hours.

**4. Anticipated/Intended Uses of Evaluation Results:**

Hopefully these three methods of service would cover the requested needs for smoking cessation. Determine if the requesting population is serviced or a remaining need to expand the number of groups or options.

**IV. Data and information for the department:**

**Fall Semester 09 – Spring Semester 10**

Counseling appointments - 849

Supervision for Counselor Education Program - 19 students for 114 hours

Supervision of Clinical Observations - 6 hours

Taught 2 Graduate courses for Psychology dept.

Athlete referrals - 9

**National Testing**

LSAT - 3 - 33 students

MAT - 10 students

CLEP – 60 students

CAAP - 6 - 144 students

Praxis - 4 - 697 students

ACT - 5 - 1084 students

ACTR - 4 - 56 students

NBCC – 1 – 19 students

SLLA – 1 – 11 students

**American Disabilities Act Coordinator**

46 formal requests for accommodations,

1 faculty orientation on ADA regulations, 23 attended

12 faculty requested consultations on specific accommodation situations

**Delta Discovery Program**

Recruited 38 volunteer mentors, tracked and evaluated every section

19 sections of GST-100, 339 freshmen enrolled

5 individual presentations on study skills

**Educational/Psychological Consultation**

Educational presentations - 5

Off-Campus educational presentations - 9

Residence Hall programs - 6

Extra Committee Projects - 5

Consulted by coaches for 6 different sports teams

Responded to 9 after hour emergency calls

**Student Health**

Students seen – 3870

Employees seen – 644

Visitors – 1057

Sent to clinic – 80

Flu shots – 366

H1N1 – 105

TFA – 13

Sports Medicine - 977

**V. Personnel:**

**Director of Counseling and Student Health, ADA Coordinator, GST-100 Coordinator – Dr. Richard Houston**

**Counselor – Ms. Paula King**

**Nurses – Bonita Cross FNP/C, Francis Wright LPN, Emily Herbison LPN**

**Secretary – Vacant**

**Receptionist – Jerry Burchfield**

**Custodial – Elaine Smith**

**Noteworthy activities and accomplishments:**

ACT inc, MS ACT Council member

Planning committee for the 2nd MS ACT College Readiness Summit

Member of the First Year Task Force

Offered a Mental Health Disorders informational web for faculty

Offered a Disability and Civil Rights presentation

Completed an IHL mandated CUBIT Training

A member of the IHL mandated Disaster Resistant University Plan

Trained as a DSU human resources timekeeper

Vice-chair of the Health and Wellness Committee

Spoke to the entire school of Commercial Aviation on ADA

Stress consultant for the Healthy Campus/ Healthy Community 5 schools

Regional H1N1 Training